

# Ripples

## Alberta and Northwest Territories Monthly Newsletter

### Canadian Pool Lifesaving Sport Championships

Huge congratulations to the Alberta Lifesaving Club on their performance at the Canadian Pool Lifesaving Championships this past weekend in Markham, Ontario. Team Alberta athletes achieved 17 medals and the team earned second place overall in the competition. The Society would like to thank Desiree Janzen for coaching the team and for her ongoing advocacy for excellence in Lifesaving Sport. To learn more about Lifesaving Sport or to find a club in your community, check out our [website](#).



### Training Programs

#### Trainer Course:

Candidates must complete the [Trainer Application Form](#) and submit it to the Society for approval prior to registering for the course.

[Edmonton](#) - September 20 - 22, 2019  
Location: Lifesaving Society Office

#### Trainer Recertification:

[Edmonton](#) - June 15, 2019  
Location: Lifesaving Society Office

[Edmonton](#) - August 17, 2019  
Location: Don Wheaton Family YMCA

[Canmore](#) - September 28, 2019  
Location: Elevation Place

[Calgary](#) - November 16, 2019  
Location: Westside Regional Recreation Centre

#### National Lifeguard Instructor and First Aid Instructor Recertification

See Find a Course for Recertifications

#### Reminder:

Within the Trainer Recertification course, certain Instructor certifications can also be recertified, as identified at the time of registration. First Aid Instructor is only recertified by attending a First Aid Instructor Recertification Course.

## NEW Policies & Procedures

Policies & Procedures has been updated! Society Members are encouraged to review Policies & Procedures May 2019 to familiarize themselves with the changes. The most current version of [Policies & Procedures](#) can be downloaded and printed on our website.

## Sport Camps

Registration for the 2019 Lifesaving Sport Camps: Surf Lifesaving are now OPEN!

[Edmonton](#) - June 22 & 23, 2019

Location: West Edmonton Mall

[Edmonton](#) - July 8 & 9, 2019

Location: Summerside Residents Association

Dates and registration for Calgary Sport Camps to come! Stay tuned!

## Do you have a PCO Card?

Remember to keep your Pleasure Craft Operators License on your person when on the water this summer! Or traveling in Canada - As government issued ID you never know when it might come in handy!

## Volunteer Lifeguards Needed!

The Water Safety team of the World Triathlon Series Edmonton is looking for volunteer lifeguards to work in a high-paced, exciting race environment. Volunteer lifeguards will be required to guard on paddle boards alongside world renowned athletes at Hawrelak Lake, Edmonton on Friday July 20th, Saturday July 21 and Sunday July 22nd.

### Requirements:

- Must have a valid National Lifeguard certification
- Prior Paddle Boarding experience is an advantage, but not required.

### What you get out of it:

- Volunteer experience - (looks great on your resume, especially for students!)
- Free food
- Free swag

We promise a fun-packed event and have our fingers crossed for beautiful weather!

If you're interested, contact:

Water Safety Manager  
World Triathlon Edmonton  
Natasha Gago Da Fonseca  
gagodafonseca@gmail.com

# CALL FOR LIFEGUARDS!

Are you a lifeguard interested in a unique work environment? Come experience everything the beautiful Northwest Territories has to offer!

The Lifesaving Society Alberta & Northwest Territories is recruiting lifeguards and supervisors for pools across the Northwest Territories.

Please send all resumes and inquiries to:  
[watersmart@lifesaving.org](mailto:watersmart@lifesaving.org)  
780-415-1755

### Minimum Requirements:

- National Lifeguard
- Standard First Aid/Aquatic Emergency Care
- Swim and/or Lifesaving Instructor/Examiner

# Save the Date

## Annual General Meeting and Branch Recognition Awards

Lifesaving Society Alberta and Northwest Territories

The Lifesaving Society of Alberta and Northwest Territories invites you to join us to celebrate and recognize our collaborative efforts for drowning and injury prevention, sport, recreation and active living.

Friday June 14, 2019 | 1:00 pm to 5:00 pm  
Santa Maria Goretti Community Centre  
11050 90 St NW, Edmonton, Alberta

The awards and AGM will take place from 1:00 to 4:00pm followed by a social from 4:00 to 5:00pm. Light snacks will be served.



### Mark your Calendars!

National Drowning Prevention Week is July 21-27, 2019.

The Lifesaving Society designates the third week in July as National Drowning Prevention Week (NDPW) to focus community and media attention on the drowning problem and drowning prevention.

The [Social Media Plan](#) contains daily themes and key messages targeted to address trends seen in Lifesaving Society drowning reports and the data from the Drowning Prevention Research Centre. The key messages can be used on social media to promote safe behaviors while in, on and around water. Please include the #NDPW2019 hashtag in the posts.

If you have any questions or require [Water Smart® Materials](#) to support National Drowning Prevention Week please contact the Lifesaving Society at (780) 415-1755 or email [experts@lifesaving.org](mailto:experts@lifesaving.org).

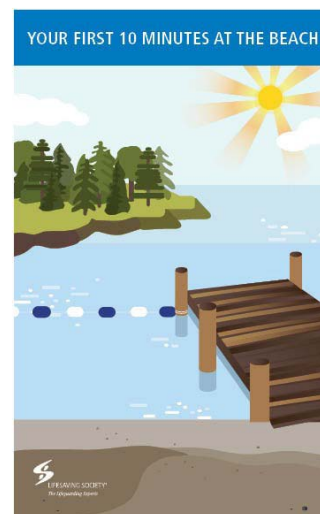
July 21-27, 2019

## National Drowning Prevention Week

LIFESAVING SOCIETY

### Office Closure

The Lifesaving Society office will be closed on Friday June 14th due to our Annual General Meeting and Branch Recognition Awards. If you would like to attend AGM, please [register](#) through the Branch Events Calendar.



### NEW Water Smart® Materials

Our new First Ten Minutes at the Beach Brochure is now available to [order](#). This brochure contains important Water Smart key messages tied to waterfront safety. As the weather gets warmer, this is an excellent resource to take with you on an outing to the beach, or to have available at your community pool or waterfront.

## Volunteer Lifeguards Needed!

Sunday, August 4th, 2019, 6:30am-11am  
Terwillegar Park, Edmonton

Looking for volunteers lifeguards to support a fun new race happening in Edmonton's river valley. Lifeguards will be positioned along or in the North Saskatchewan river (in kayaks), to support participant safety. You will receive food and drink, and some free swag to go with an incredible experience on the North Saskatchewan!

Must have current NL certification and Standard First Aid or Aquatic Emergency Care.

To register or for more information, please go to:  
[www.swimrunedmonton.com/volunteer](http://www.swimrunedmonton.com/volunteer)  
or email:  
[seejswim@gmail.com](mailto:seejswim@gmail.com)

## NDPW Customizable Poster

The Lifesaving Society Alberta and Northwest Territories has National Drowning Prevention Week customizable posters available for your community activation events during NDPW. If you are interested in ordering a customizable poster please contact the Lifesaving Society at (780)-415-1755 or email [experts@lifesaving.org](mailto:experts@lifesaving.org) by July 1.

## Member Services Updates:

### NEW Affiliate Update Form

With constant staff turnover, we wanted to make it easier than ever to update us when people at your pool change. We've created a NEW Affiliate Update Information form that can be found in the Affiliate Toolkit. Simply fill it out and email it to us so we can keep all of our contact information up to date!

### Staff Directory Updated

The [Who's Who Contact List](#) on the website has now been updated! We've added our new staff members and roles. Check it out!

### Test Sheet Reminder

Please remember to send all test sheets to [awards@lifesaving.org](mailto:awards@lifesaving.org). You will receive a confirmation email that your test sheets have been received.

## Welcome Notice

The Lifesaving Society is pleased to announce the appointment of the following new staff members:

### Mrs. Rachel Baird - Aquatic Safety and Standards Manager

Rachel's main roles will include Aquatic Safety Consultations & Services, Topical Audits, Standards Publications, and Government consultation on legislation and standards.

### Mr. Jonathan Kusyanto - Aquatic Safety Coordinator

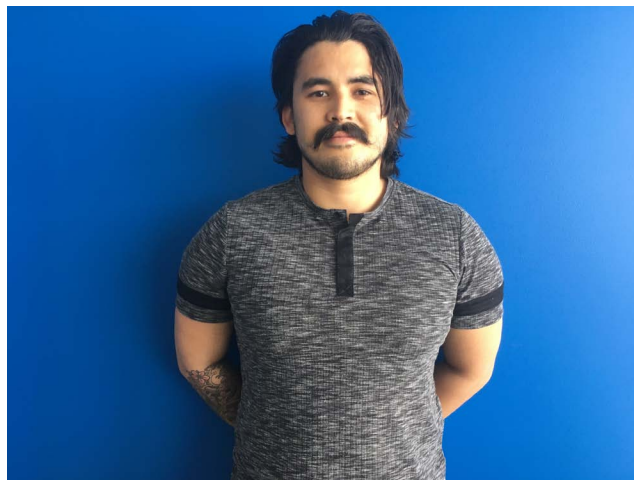
Jonathan's main roles will include Aquatic Safety & Topical Audits, Training and Workshops, Affiliate consultation, and Waterfront Audits.

### Ms. Jenika Kopala - Water Smart® Coordinator

### Mr. Gabriel Ferreira - Water Smart® Coordinator

Jenika & Gabriel are our summer students! Their main roles will include community activation and Water Smart® support, including National Drowning Prevention Week. Check them out on our social media for Water Smart® Wednesday!

Welcome to the team!



Jonathan Kusyanto



Gabriel Ferreira & Jenika Kopala