



Ripples

Alberta and Northwest Territories Monthly Newsletter

Training Programs

Trainer Course:

Candidates must complete the <u>Trainer Application Form</u> and submit it to the Society for approval prior to registering for the course.

May - Okotoks:

Link to Register

September - Edmonton:

Link to Register

Trainer Recertification:

May - Lethbridge:

Link to Register

June - Edmonton:

Link to Register

August - Edmonton:

<u>Link to Register</u>

November - Calgary:

Link to Register

Registration to come:

October - Calgary Zone

National Lifeguard Instructor and First Aid Instructor Recertification

See Find a Course for Recertifications

AB&NWT Pool Lifesaving Sport Championships

The changerooms are closed & the suits are washed of that chlorine smell—we have made it through the 2019 Alberta and Northwest Territories Pool Lifesaving Championships!

The Competitors

The Championships event has been steadily growing over recent years, alongside the number of clubs in both Alberta and the Northwest Territories. We were happy to host 15 clubs and 297 athletes at the event this year. We are excited to see so much enthusiasm and dedication to the sport by competitors of all ages!

Superstar Volunteers

Enormous thank you to Desiree Janzen, who kept the judge and athletes in line and on time with her expertise and refereeing experience. Further, Desiree put in countless hours leading up to the event! Along with the amazing Desiree, the Society wanted to again thank Jenine Armstrong and Donna McKean for the time and effort they committed to organizing the event, before, during and after. With over 100 volunteers helping throughout the weekend, we know that this event runs on dedication to the sport not only by the athletes but by parents and volunteers, too!

Lifesaving Sport is not only the world's only humanitarian competitive sport, it's also the sport with Alberta's most fabulous volunteers!

The Face of Lifesaving Sport

So many amazing moments characterized this event and were expertly captured on film! Special thanks to our official event photographer, Lief Garrett, for getting so many shots of the face of Lifesaving Sport—the athletes!

Photos can be found on our Facebook Photo Album!

NEW Anti-Entrapment Resources from Alberta Health Services

Alberta Health Services, Environmental Public Health has released the following document to help public swimming pool owners and agents assess the entrapment risks in their facilities and comply with the anti-entrapment requirements of the Pool Standards, July 2014 (amended January 2018).

https://www.albertahealthservices.ca/assets/wf/eph/wf-eph-info-complete-anti-entrapment-compliance-form.pdf

To accompany this document is the Anti-Entrapment Compliance Plan for Public Swimming Pools form:

https://www.albertahealthservices.ca/frm-21243.pdf

The Pool Standards require all pools to be compliant by November 30, 2019.

Due to the complexity and specialized knowledge needed to assess the equipment required for anti-entrapment, the owner or their agent may contract the services of a suitable professional or professional engineer to complete the anti-entrapment documentation. Documentation provided by the service professional and/or engineer should be included with the anti-entrapment plan.

For more information, please contact your nearest Environmental Public Health office.

Volunteer Lifeguards Needed!

The Water Safety team of the World Triathlon Series Edmonton is looking for volunteer lifeguards to work in a high-paced, exciting race environment. They will be required to get up close and personal with the race and guard on paddle boards alongside world renowned athletes in Hawrelak Lake, Edmonton on Friday July 20th, Saturday July 21 and Sunday July 22nd.

Requirements:

- -Must have a valid National Lifeguard certification
- -Prior Paddle Boarding experience is an advantage, but not required.

What you get out of it:

- -Volunteer experience (looks great on your resume, especially for students!)
- -Free food
- -Free swag

We promise a fun-packed event and have our fingers crossed for beautiful weather!

If you're interested, contact:

Water Safety Manager World Triathlon Edmonton Natasha Gago Da Fonseca qaqodafonseca@qmail.com





Register online: go.uleth.ca/aquatics or call the Customer Service Centre 403-329-2706

Save the Date

Annual General Meeting and Branch Recognition Awards

Lifesaving Society Alberta and Northwest Territories

The Lifesaving Society of Alberta and Northwest Territories invites you to join us to celebrate and recognize our collaborative efforts for drowning and injury prevention, sport, recreation and active living.

Friday June 14, 2019 | 1:00 pm to 5:00 pm Santa Maria Goretti Community Centre 11050 90 St NW, Edmonton, Alberta

The awards and AGM will take place from 1:00 to 4:00pm followed by a social from 4:00 to 5:00pm. Light snacks will be served.



Mark your Calendars!

National Drowning Prevention Week is July 21-27, 2019.

We are busy preparing resources to support our Affiliates to promote this signature event and raise awareness about drowning prevention. Please stay tuned for more information which will be released shortly, including a Social Media Plan and NDPW Proclamation Template and Letter.

If you are planning an event, please be sure to let us know if you require Buddy the Lifeguard Dog and Water Smart public education resources.

Upcoming Water Smart Community Activation

The Lifesaving Society is participating in Get Ready in the Park on Saturday May 11 from 10 am - 3 pm at Hawrelak Park. Come visit us and learn how to be Water Smart at this emergency preparedness event.

July 21.27, 2019

National Drowning

Prevention Week

LIFESAVING SOCIETY



Lifejacket Loaner Stations

This past Saturday, the Lifesaving Society visited the Cochrane Public Library to celebrate the opening of their new Lifejacket Loaner Station as part of their "Library of Things" collection.

Many other Lifejacket Loaner Stations are set to open for the May long weekend. There are currently 39 Lifejacket Loaner Stations across Alberta and the Northwest Territories, located in provincial and territorial parks as well as in several municipalities and private communities. Lifejacket Loaner Stations provide lifejackets for the public to borrow, at no cost, and then return after use. Each station is also supplied with Water Smart® public education materials and posters to raise awareness about preventing drowning and water-related injury.

NEW Affiliate Update Form

With constant staff turnover, we wanted to make it easier than ever to update us when people at your pool change. We've created a NEW Affiliate Update Information form that can be found in the Affiliate Toolkit. Simply fill it out and email it to us so we can keep all of our contact information up to date!

Sport Camps

Registration for the 2019 Lifesaving Sport Camps are now OPEN!

June - Edmonton:

Link to Register

July - Edmonton:

<u>Link to Register</u>

Dates and registration for Calgary Sport Camps to come! Stay tuned!

Bronze Medallion & Bronze Cross in OPEN WATER!

Auburn Bay is hosting open water Bronze Medallion and Bronze Cross

Bronze Medallion:

*Must be 13 years of age or hold Bronze Star July 5 7-9pm

July 6 & 7 9:30am - 6:30pm

Super Early Bird Registration Rate (April 12 - May 12)

Residents: \$135 Non-Residents: \$155

Bronze Cross:

*Must hold Bronze Medallion
July 12 7:00 - 9:00pm
July 13 & 14 9:30am - 6:30pm

Super Early Bird Registration Rate (April 12 - May 12)

Residents: \$135 Non-Residents: \$155

Call 403-537-2601 or register on AuburnBayRA.ca.

CALL FOR LIFEGUARDS!

Are you a certified lifeguard looking for a summer job?

The Lifesaving Society is pleased to announce several positions at pools across the Northwest Territories!

Positions are available at the following locations. Please review the Lifesaving Society Find A Job Page for more details and application instructions.

Town of Hay River

Hay River is located on the edge of the Great Slave Lake and is perfect for outdoor activities. The Town of Hay River also offers a comprehensive benefits package.

Looking for:

- Senior Lifeguard Full Time Indeterminate Position
- Lifeguard Fill Time Indeterminate Position
- Summer Student Lifeguard Position (May September) 2 positions available

Hamlet of Fort Laird

The Hamlet of Fort Laird will provide free accommodation and will receive a one-time allowance of \$1000.00 for meals throughout the contract period. The Hamlet will also take care of the lifeguard's travel cost back home. Looking for:

 Full Time Pool Supervisor/Lifeguard (June 17 - August 23, 10 week contract)

Town of Inuvik

The Town of Inuvik will provide a Northern living allowance on top of the current salary.

Looking for:

Head Lifeguard/Instructor (July - June)

Town of Norman Wells

The Town of Norman Wells will cover travel expenses as well as housing. Candidates will also be given one town vehicle for the term of their employment

Looking for:

- Pool Supervisor/Head Lifeguard (June August)
- Lifeguard/Instructor (June August)

Village of Fort Simpson

The Village of Fort Simpson will provide accommodations for the pool supervisor as well as a Northern living allowance. Looking for:

• Pool Supervisor (Mid May - September)

Applicants are encouraged to apply for as many positions as they are available and qualified for. For questions, please contact the Lifesaving Society at experts@lifesaving.org or 780-415-1755.