



LIFESAVING SOCIETY®
The Lifeguarding Experts

MEMORANDUM

Date: February 14, 2025

To: Lifesaving Sport Coaches and Officials

From: Amy Swedlo, Lifesaving Sport Specialist

Subject: Alberta & Northwest Territories Competition Manual 2022 Edition Addendum

The following addendum contains important information regarding Manikin Handling for 15 and Under Short Course Carry Events.

The Lifesaving Society has modified ILS events for the short-course format for athletes under 16. As the Provincial Sport Organization for Lifesaving Sport in Alberta and Northwest Territories, the Society focuses on athlete safety and event clarity.

This addendum outlines changes to sections 3.3 (Manikin Carry) and 3.5 (Manikin Carry with Fins) of the 2022 Alberta & Northwest Territories Competition Manual.

CONCERN:

Manikin handling rules for carry events are not in the ILS rule book because a handler isn't needed. The current rules require the handler to maintain contact with the manikin from the start of the race until the competitor touches it. This focuses too much on the handler which may result in disqualification of an athlete due to manikin handling infractions which do not provide a competitive advantage to the competitor.

RESOLUTION

This AB/NWT Competition Manual amendment adds additional exceptions to the ILS Competition Rule Book. Refer to section 3.3 and 3.5 in the AB/NWT Competition Manual and Section- 3.4.A of the ILS Competition Rule Book in regards to the concerns outlined above.



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3.3 Manikin Carry and 3.5 Manikin Carry with Fins

Manikin Positioning

2022 Manual Wording	Revised Wording – effective 14 Feb 2025
Positioning the manikin (15 years and under) Before the start and during the race, the manikin handler positions the manikin anywhere within the allotted lane. The manikin is positioned floating on its back and its base touching the pool wall, with its head in the direction of the finish.	Positioning the manikin (15 years and under): Before the start and for the handover, the manikin handler positions the manikin anywhere within the allotted lane. The manikin is positioned floating on its back and its base touching the pool wall, its head in the direction of the finish.
Change: replaced “during the race” with “for the handover”	

3.3 Manikin Carry

Disqualification

2022 Manual Wording	Revised Wording – effective 14 Feb 2025
3.3.i Manikin handler positioning the manikin incorrectly or touching the manikin after it has been released.	3.3.i Manikin handler positioning the manikin incorrectly.
Change: Removed “or touching the manikin after it has been released”	

3.5 Manikin Carry with Fins

Disqualification

2022 Manual Wording	Revised Wording – effective 14 Feb 2025
3.5.h Manikin handler positioning the manikin incorrectly or touching the manikin after it has been released.	3.3.h Manikin handler positioning the manikin incorrectly.
Change: Removed “or touching the manikin after it has been released”	