



**Meet Package**

**Camrose Tsunami Splash 2025**



<b>Meet Information</b>	Camrose Tsunami Splash Short Course
<b>Clubs Invited</b>	Clubs registered with AB NWT Lifesaving Society
<b>Hosting Pool Information</b>	Mayer Aquatic Centre 5600 44 Ave Camrose AB T4V 5K5
<b>Date(s)</b>	March 22 - 23, 2025
<b>Warm-ups</b>	<p>Warm-ups for:</p> <p>Saturday March 22 - 12:00pm (deck is available at 11:30am)</p> <p>Sunday March 23 - 6:45am (deck is available at 6:30am)</p> <p>Warm-up information will be finalized by the Wednesday prior to the meet. The sessions will be identified at that time. Each warm-up session will be no less than 20 minutes. There will be no equipment allowed during warm-ups. The exception is fins will be allowed during dives.</p>
<b>Opening Ceremonies and Racing Times</b>	<p>Opening Ceremonies on Saturday is at 1:00pm</p> <p>Racing Starts Saturday at 1:15pm</p> <p>SERC starts Saturday at 6:30pm</p> <p>Racing Starts Sunday at 8:00am</p>
<b>Entry Deadline</b>	March 18 at 8:00am
<b>Meet Manager</b>	Heather Barr 780.678.7700
<b>Meet Referee</b>	Kerry Brager 780.679.7455
<b>Age limit</b>	4 years – 100 years

**Events Hosted:**

Saturday (12:00hrs – 20:30hrs)					
<b>Manikin Carry</b>	<b>Rescue Medley</b>	<b>Medley Relay</b>	<b>Tow with Fins</b>	<b>Break 18:00hrs</b>	<b>SERC</b>
All age categories	14 and older	All age categories	All age categories	<b>Athletes into lock-up by 18:15hrs</b>	14 and older

Sunday (07:00hrs – 12:00hrs)				
<b>Carry with Fins</b>	<b>Manikin Relay</b>	<b>Line Throw</b>	<b>Obs Relay</b>	<b>End of Day</b>
All age categories	All age categories	All age categories	All age categories	

<b>Entry Limit</b>	<p>Maximum of individual events: 4            Maximum of relay events: 5  <b>Note: Every club is limited to a maximum of 3 teams per gender and age category in Line Throw.</b></p> <p><b>Note 2: There will be a maximum of 2 teams for SERC for each club, should there be enough space, additional teams will be considered. Please send a list of the total teams and indicate the priority and we will place accordingly.</b></p>
<b>Entry Requirements (if any)</b>	<p>Must be registered and in good standing with Alberta Lifesaving Society. Good standing is defined as a member of an affiliate club and not under disciplinary proceedings by Lifesaving Alberta or your club.</p>
<b>Entry Process</b>	<p>Entries will be received through the Alberta Lifesaving Society Sport Portal.</p> <p>Please send .xls file to confirm relay entries. Out of province entries can be received via .xls</p>
<b>Entry Fee(s)</b>	<p>Cost per athlete is <b>\$50</b>.</p> <p>If you are a coach you can be entered into 2 relays and 1 individual event at <b>no cost</b>. You must be coaching on the day of the event.</p> <p>SERC only fee is <b>\$15</b></p>

## Scoring

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
20	18	16	14	13	12	11	10	8	7	6	5	4	3	2	1

<b>Awards</b>	<p>Awards will be given by age category and gender to the top 6 finishers.</p> <p>Master athletes (30 years and older) will be scored in accordance with the International Lifesaving Sport Rule Book (ILS) age categories.</p>
<b>Seeding</b>	<p>Events will be seeded by time slow-fast. Line throw will be seeded by age youngest to oldest. SERC seeding will be a random draw, the list will be published on the day of the event.</p>
<b>Officials Meeting</b>	<p>Officials will meet: Saturday at 12:00pm Sunday at 6:45am</p>
<b>Coaches Meeting</b>	<p>Coaches will meet: Saturday at 11:45am (deck is available at 11:30am) Sunday at 6:30am (deck is available at 6:15am)</p>
<b>Warmup Information</b>	<p>Warm-ups lanes and times will be assigned and sent via email the Wednesday prior to the meet. Warm-ups will be held in accordance with the Alberta Lifesaving Warm-up standard.</p>
<b>Deck Entries</b>	<p>Deck entries will not be permitted.</p>
<b>Scratches and changes</b>	<p>Scratches are to be submitted 30 minutes prior to the end of warm-ups on each day.</p>
<b>Volunteers Sign-up</b>	<p>Volunteers are needed! <a href="#">Camrose Tsunami Splash Volunteer Link 2025</a></p>