



LIFESAVING SOCIETY®

The Lifeguarding Experts

Investiture *citations*

Investiture of Lifesaving Honours

RESCUE COMMENDATION AWARD CITATION

NOVEMBER 1, 2024 | GOVERNMENT HOUSE | EDMONTON, AB

Navdeep Kanda

Glenmore Reservoir, Calgary – April 23, 2023

LIFESAVING MEDAL recognizes a person involved in a rescue or attempted rescue of a person at risk in Alberta & the Northwest Territories. The **Bar for Merit** is awarded to a rescuer who demonstrated presence of mind or a meritorious skill despite the level of personal danger.

On April 23, 2023, Community Peace Officers Navdeep Kanda, Javen Adair, and Erik Lowrick responded to reports of an individual who had walked down to the edge of the Glenmore Reservoir. The individual appeared to be in distress and had descended the steep, muddy hill to sit on a log that was supported by the ice of the reservoir.

Recognizing the high risk of the ice breaking, Navdeep and Javen instructed the security office to engage emergency services. Knowing that venturing out onto the thin spring ice would put themselves in danger as well, all three officers repeatedly attempted to communicate with the individual from the shoreline, encouraging them to come off the ice. However, the individual refused and instead ventured out farther. As the individual attempted to walk across logs bobbing through the ice, they fell into the freezing water and were submerged up to their neck.

Realizing the critical situation, Navdeep and Javen proceeded with a rescue despite the risk to their safety. Navdeep used a long branch to pull the individual out of the water while Javen secured him by his vest and maintained their route to safety as the ice continued to break. Once safely off of the ice, the three officers ensured the individual received first aid and medical care.

For his quick response and outstanding effort, **Navdeep Kanda** is awarded the Lifesaving Medal with the Bar for Merit.