



Oct 30, 2024

Cochrane Water Ninjas Lifesaving Sport Competition Safety and Emergency Plan

Event: Cochrane Water Ninjas Swim Meet

Date: November 30th & December 1st, 2024

Facility Name: SLS Centre

Facility Address: 800 Griffin Rd E. Cochrane, AB T4C 2B8

Purpose

The host organizing committee shall prepare a safety and emergency plan to ensure:

- The general safety of competitors, competition personnel and spectators during the competition.
- The SLS Centre Aquatic personnel and procedures are in place in case of minor or major incidents involving injury to or illness of competitors, competition personnel and spectators.

The following overview will outline the facilities that will be utilized during the 2024 Cochrane Water Ninjas Lifesaving Sport Competition. It will clearly identify those persons with the authority to initiate the Safety and Emergency Plan and outline command and control functions.

General procedures can be found in the SLS Centre Emergency Response Procedures guidelines, in conjunction with Alberta legislation and regulations pertaining to pool operations.

Emergency Procedures

SLS Centre facility staff will notify the appointed Lifesaving Society Safety Officer of any major incident that occurs on site including any drowning, resuscitation, suspected spinal injury, and possible fracture.

The Jayman Built Aquatic Centre will be supervised by certified Lifesaving Society National Lifeguards employed by the SLS Centre. Employees will deal with emergencies as per the SLS Centre Emergency Response Procedures. The Competition Management Team will assist with managing the competition participants and volunteers during an emergency.

Medical Facilities

On Site Service

All first aid services can be provided within the SLS Centre. It is at the discretion of the SLS Centre emergency response procedures as to whether a patient should be transported to a facility off-site.

Cochrane Urgent Care Centre

Address: 60 Grande Blvd. Cochrane, AB T4C 0S4

Hours: 8am-10pm

Phone: 403-851-6000



Code of Conduct

All volunteers, officials, competitors, and coaches should adhere to the Code of Conduct outlined in the 2022 AB/NWT Competition Manual and ILS Competition Manual (2022 edition). The Hosting Organizing Committee will be responsible for ensuring that these codes are enforced. Anyone not adhering to the safety procedures as described in the 2022 AB/NWT Competition Manual and ILS Competition Manual (2022 edition) may be disqualified or removed from the property. Unsafe actions and behaviours will not be tolerated.

Safety Officer

The Host has a designated Safety Officer. The designated Safety Officer is to liaise with the SLS Centre staff regarding competition safety. The SLS Centre will be required to report and document any incidents that occur at the facility during the event.

SLS Centre staff will be responsible for initiating the SLS Centre's Emergency Response Plan:

- Safety Officer – Lauren Mills
- Meet Managers – Patsy Lindsay & Alexx Diep
- Chief Referee – Kerry Brager

Operational Procedures

Operational Procedures require that the facility meet the minimum Alberta Health Regulations and Safety guidelines. Lifesaving sport competition may require temporary alterations to these, for example, circulation may need to be turned down/off to minimize the movement of the manikins once they are placed.

General Safety

SLS Centre will adhere to the Alberta Governments regulations as well as facility specific rules that will be followed to ensure all patrons safety.

Certified Lifesaving Society National Lifeguards are to be supplied by the facility for the duration of the event. All general rules and procedures pertaining to competition can be found in the 2022 AB/NWT Competition Manual and ILS Competition Manual (2022 edition).

Emergency Procedures

All emergency procedures for the SLS Centre have been identified in the SLS Centre Emergency Response Plan and should be adhered to by all staff and patrons.

Warmups

Athletes should observe all warmup procedures in accordance with the Lifesaving Society AB/NWT Sanctioned Warm Up Procedures and SLS Centre aquatic staff.

Contingency Plans

All contingency plans are decided by the Host Organizing Committee. The committee has the right to postpone, reschedule, or cancel an event or competition if the venue is deemed unsafe.

