

GUARDIANS

YMCA CALGARY LIFESAVING SPORT TEAM

YMCA Guardians Senior Invitational Event Package

Meet Information	YMCA Guardians SR Invitational, Long course	
Clubs Invited	All active clubs	
Hosting Pool	Brookfield Residential YMCA at Seton 4995 Market St SE Calgary AB T3M 2P9	
Date and Warmups	Saturday November 9 th 2024 Warmups: 8:30 am / Racing: 9:30 am	
Entry Deadline	Tuesday November 5 th at 10 pm	
Meet Manager	Kaitlyn Kallal – Kaitlyn.Kallal@ymcacalgary.org - 403 351-6749	
Meet Referee	Kerry Brager – 780 679-7455	
Age Limit	Minimum age is 14 (as of 9 Nov 2024), there is no maximum age	
Events Hosted	200m Obstacle 4 x 50m Obstacle Relay 12.5m Line Throw Relay 100m Rescue Medley 100m Tow with Fins -Lunch Break-	100m Carry with Fins 200 Super Lifesaver 4 x 25m Manikin Relay 50m Carry 4 x 50m Medley Relay 4 x 50m Pool Lifesaver Relay* <i>*Exhibition event if time permits</i>
Entry Limit	Maximum individual events per athlete: 6 Maximum relay events per athlete: 4 + Pool Lifesaver Relay	
Qualification and Entry Procedure	All athletes must be registered online through the sport.lifesaving.org registration portal prior to the registration deadline. Relay entries can be submitted through the website or by spreadsheet to amy.swedlo@ymcacalgary.org . Please ensure the full name, age and gender of each athlete is clearly indicated for each relay.	
Entry Fee	\$60	
Scoring	Points will be awarded for placing in the top 16, with 20 points for 1 st , 18 for 2 nd , 16 for 3 rd , 14 for 4 th , 13 for 5 th down to 1 for 16 th	
Awards	Ribbons awarded for 1 st to 8 th place for each event/gender/age group.	
Seeding	Athletes will be senior seeded based on entry times submitted with registration. Results will be separated by age group (14-15, 16-19, 20-29 and 30+) for scoring and awards.	
Coach & Official meetings	Coach meeting: 8:15 am – outside the electronics room Officials meeting: 8:30 am – in the officials' room	

Facility entry	<p>All athletes, officials, coaches and volunteers will be provided with an event pass to gain access to the facility.</p> <p>All athletes, officials, coaches and volunteers that are 18 or over must show photo ID to member services to gain access to the facility.</p>
Warmup Information	<p>Warmups will be available for 40 minutes (from 8:30 to 9:10 am). Lanes 0 and 9 will be available for one direction swimming throughout the warmup period.</p> <p>The last 10 minutes of the warmup time will be reserved for dives / 1 direction swimming in all lanes.</p> <p>Clubs will not be assigned a lane for warmups.</p> <p>Equipment use such as fins, Rescue Tube, and Manikins will be allowed throughout the warmup session.</p> <p>2 Warmup/cooldown lanes will be available throughout the meet for athlete use.</p> <p>Meet management reserves the right to modify the warmup schedule as needed based on registration numbers. Any changes will be communicated to all head coaches.</p>
Scratch Deadline	<p>Individual changes and morning relay changes must be submitted to the Clerk of Course by 9 am.</p>
Deck Entries	<p>Deck entries may be permitted at the discretion of the head referee provided they do not require the addition of another heat. Entries will be seeded into empty lanes in existing heats.</p>
Relay Changes	<p>Relay changes for afternoon relays must be submitted to the clerk of course no later than 11:30 am</p>
Event Cancellations	<p>While every effort will be made to complete the full event schedule, the facility rental finishes at 6 pm on Saturday. If we are running behind schedule, meet management reserves the right to cancel events. We will make every effort to communicate any cancellations as soon as possible.</p>
Officials Sign Up	<p>We can't do this alone! Use this form to express interest in helping at the YMCA Guardians SR Invitational.</p> <p>Questions? Reach out to Marlee.Palmer@ymcacalgary.org</p>
Hospitality	<p>A light breakfast and lunch will be provided along with snacks throughout the day. Please bring your own water bottle.</p>
Thank you!!	<p>Let's have fun!! YMCA Calgary is pleased to host so many teams from across our region and we are deeply grateful for all the support we have received in previous seasons. Without the support of other clubs this event would not be able to happen; so again, we say THANK YOU!!</p>