



Alberta Municipal Health and Safety Association

AMHSA

Health | Safety | Environment

amhsa.net

Aquatic Health & Safety

Resources and
education to reduce the
incidence and severity of
slips, trips, and falls

amhsa.net/aquaticsafety



Aquatics Health & Safety Awareness Campaign

AMHSA's [Aquatics Health & Safety Awareness campaign](#) is designed to raise awareness of slips, trips, and falls for those working in and around pools. Funding for this project comes from a [2022 creative sentencing agreement](#) to prevent injuries in aquatic facilities.

This campaign is designed to:

- Provide slip, trip, and fall prevention information to protect workers
- Raise awareness of OHS worker rights and supervisor responsibilities
- Support the Government of Alberta's [OHS Prevention Initiative](#)
- Remove employer barriers to OHS education by providing resources free of charge
- Bring awareness to aquatic safety best practices such as the [Aquatic Safety Operator and Safety Recreation Facility Operator Certification program](#)

AMHSA has collaborated with Alberta municipal members, [Alberta Association of Recreation Facility Personnel \(AARFP\)](#), [Alberta Association of Aquatic Professionals \(AAP\)](#), [Pool & Hot Tub Council of Canada - Alberta Chapter](#), and the [Lifesaving Society - Alberta & NWT Branch](#) to produce a micro-site, free injury prevention resources, and a live webinar series.

On our website (<https://amhsa.net/aquaticsafety/>), you'll find a wide range of resources including downloadable posters, diagrams, health and safety talks, and templates on slip, trip, and fall hazard prevention. These resources are multipurpose and designed for a variety of roles, for example:

- New or vulnerable workers learning about their workplace
- Supervisors who might be training new team members or looking for awareness materials
- Health & Safety Committee members presenting a health and safety moment
- Partner organizations or other parties interested in sharing resources

Help reduce slip, trip, and fall injuries in aquatic facilities

AMHSA invites you to use the below copy, images, and video to promote this campaign, resources, and webinar series to your audience. [Click here](#) to download files.

The Campaign's health and safety talks and posters can be customized, please contact us to find out more.

Contact:

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About Us

The [Alberta Municipal Health and Safety Association](#) (AMHSA) is an educational not-for-profit organization that promotes the knowledge of health, safety, and environment in the workplace.

Who are our members? Every town, village, municipal district, city, and specialized municipality in Alberta is a member of the association. Our funding comes primarily from a municipal levy collected by the Workers Compensation Board - Alberta.

With offices in Calgary and Sherwood Park, Alberta, AMHSA's mandate is to provide meaningful health, safety, and environmental training and education programs to our members in a cost-effective manner.

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Thank you to our working group members who supported the development of the Aquatic Health & Safety Awareness Campaign.



Webinar Information

Each webinar includes a 45-minute presentation and 15-minute Q&A by Brandon Kerber, M. Eng., P. Eng., of High Engineering. The webinars are no cost, open to all registrants, and will be [available as recordings](#) following each event. Register for one or more webinars at the following link: https://AMHSA.zoom.us/webinar/register/1817099144352/WN_lg-7d7hsR1OZRvtq1TsgAQ

To register multiple attendees at once, complete our [bulk registration template](#) and submit to communications@amhsa.net

Webinar 1: Identifying slip, trip, and fall hazards

Date: March 26, 2024 (11:00 - 12:00 pm MDT)

This 45-minute webinar is presented by a fall protection engineering expert who will highlight known and overlooked slip, trip, and fall hazards in the aquatic pool working

environment. The subject matter expert will support you in strategizing how to start or enhance your existing fall protection program and how to identify hazards before selecting fall protection solutions.

Following the webinar, participants will have the opportunity to ask questions of our subject matter expert.

- Identify known slip, trip, and fall hazards and their contributing factors.
- Learn to create a strategy to identify slip, trip, and fall hazards.
- Create awareness of slip, trip, all fall hazards specific to work parties/departments.
- Review Alberta occupational health and safety legislation - specifically, hazard assessment [AB OHS Code 7(1)], and Fall Protection - General Protection [AB OHS Code139(1)].

Webinar 2: Types of fall protection, including guardrails

Date: April 30, 2024 (11:00 - 12:00 pm MDT)

This 45-minute webinar is presented by a fall protection engineering expert that will review when a fall protection plan and fall protection training are required. The subject matter expert will also discuss the hierarchy of controls specific for fall protection, and the types of systems, such as guardrails, travel restraint, fall arrest, and control zones. This general understanding is fundamental before creating a fall protection plan and implementing its systems.

Following the webinar, participants will have the opportunity to ask questions of our subject matter expert.

- Review when fall protection is required.
- Outline the hierarchy of controls specific for slips, trips, and falls.
- Identify the types of systems involved in the fall protection plan, such as: guardrails, travel restraint, fall arrest, and control zones.
- Review Alberta OHS legislation - specifically, water danger [AB OHS Code 157], Fall Protection Plan [AB OHS Code140(1)], Instruction of workers [AB OHS Code141(1) and 141(3)], and fall protection hierarchy [AB OHS Code139(3) to 13(8)].

Webinar 3: Fall protection plan and systems implementation

Date: May 30, 2024 (11:00 - 12:00 pm MDT)

This 45-minute webinar is presented by a fall protection engineering expert that will review the types of system in a fall protection plan, discuss the limitations of each system, and how to address the limitations to support building and implementing an effective fall protection plan.

This discussion includes understanding the requirements of anchoring points and providing examples of anchors commonly found in the aquatic pool working environment. Strategies of how to select fall protection systems will be presented including questions to ask the equipment manufacturer and the contractor installing the anchor points, prior to purchasing the equipment or service. Understanding the elements to develop an effective fall protection plan and implementing it, is vital to protecting workers at fall hazards.

Following the webinar, participants will have the opportunity to ask questions of our subject matter expert.

- Overview of parts a fall protection plan.
- Know the parts of a fall protection system.
- Classification of system limitations: guardrails, travel restraint, fall arrest, and control zones.

- Implement a fall protection system(s) and plan.
- Differentiate anchor point requirements from common anchor points found in the aquatic pool working environment.
- Formulate questions to ask manufactures or training providers prior to purchasing services or equipment.
- Review Alberta OHS legislation - specifically, anchoring strength [AB OHS Code 152].

Newsletters

([Download image here](#))



Aquatics Health & Safety Awareness Campaign

AMHSA's Aquatics Health & Safety Awareness campaign is designed to raise awareness of slips, trips, and falls for those working in and around pools. Funding for the campaign comes from a 2022 creative sentencing agreement to prevent further injuries in aquatic facilities.

Visit our website (amhsa.net/aquaticsafety/) for resources developed for workers, supervisors, contractors, aquatic operators, and safety committees. Resources include safety talks, posters, and information on identifying and preventing slips trips and falls.

Click [here](https://AMHSA.zoom.us/webinar/register/1817099144352/WN_lg-7d7hsR1OZRvtq1TsgAQ) (https://AMHSA.zoom.us/webinar/register/1817099144352/WN_lg-7d7hsR1OZRvtq1TsgAQ) to register for our upcoming no-cost webinar series on fall protection and slip, trip, and fall prevention.

Webinar 1: Identifying slip, trip, and fall hazards

March 26, 2024 (11:00 - 12:00 pm MDT)

Webinar 2: Types of fall protection, including guardrails

April 30, 2024 (11:00 - 12:00 pm MDT)

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AMHSA thanks the Aquatics Working Group participants, industry leaders, and subject matter experts who made this campaign possible.

Social Media Posts

([Download images here](#))



Animated gif:



Copy 01: If you work in the aquatics industry, you're at risk of serious injury from slips, trips, and falls. AMHSA's Aquatic Health & Safety Awareness Campaign is here to help you stay safe - learn more about injury prevention, hazard identification, and the rights and responsibilities of workers and employers at <https://amhsa.net/aquaticsafety/>

Copy 02: Attention all aquatic facility workers, supervisors, and contractors! AMHSA's Aquatics Health & Safety Awareness Campaign is here to help you prevent slips, trips, and falls in your workplace. [Register now](#) for one of our upcoming free webinars, or visit our website (<https://amhsa.net/aquaticsafety/>) for resources and information.

Copy 03: Join us in supporting AMHSA's Aquatics Health & Safety Awareness Campaign! This initiative focuses on preventing slips, trips, and falls around pools to keep workers safe. With funding from a creative sentencing agreement, our resources are designed for all levels of aquatic facility employees. Visit our website (<https://amhsa.net/aquaticsafety/>) for posters, safety talks, and webinars designed to prevent injuries in the workplace. Together, we can create a safer environment for everyone.

Promotional Videos



Jonathon Kusyanto, Executive Director, Lifesaving Society - Alberta & NWT Branch
<https://youtu.be/3MlIT4pQ3f0>



Sonia Dodd, President, Alberta Association of Recreation Facility Personnel (AARFP)
<https://youtu.be/3zQbzRBucFk>