



LIFESAVING SOCIETY®
SOCIÉTÉ DE SAUVETAGE

The Lifeguarding Experts
Les experts en surveillance aquatique

2023 NATIONAL LIFESAVING SPORTS AWARDS

To All Canadian Athletes, Clubs, Coaches, Officials and Branches
From Martin Leprohon, Past Sport Commissioner
Date 15 March 2024

After a hiatus in 2020 - 2022, the National Sport Commission of the Lifesaving Society of Canada is pleased to promote high performance with the return of annual national lifesaving sports awards. A selection committee will name the nominees and winners of the awards for outstanding performance by athletes in 2023.

Furthermore, we will recognize the contribution of volunteers, officials, coaches and clubs to the growth of the sport from grassroots to high performance. For these categories, the nominations and awards will be based on the quality of submissions from individuals and branches, not on the quantity of submissions.

The following awards will be awarded based on performance criteria:

- Male athlete of the year
Awarded to the male athlete that has achieved outstanding performances primarily nationally and internationally, in the pool and/or on the beach/surf.
- Female athlete of the year
Awarded to the female athlete that has achieved outstanding performances primarily nationally and internationally, in the pool and/or on the beach/surf.
- 15-18 years-old male athlete of the year
Awarded to the 15 to 18 years old male athlete that has achieved outstanding performances primarily nationally and internationally, in the pool and/or on the beach/surf.
- 15-18 years-old female athlete of the year
Awarded to the 15 to 18 years old female athlete that has achieved outstanding performances primarily nationally and internationally, in the pool and/or on the beach/surf.
- Master male athlete of the year
Awarded to the male athlete 30 years old and over that has achieved outstanding performances primarily nationally and internationally, in the pool and/or on the beach/surf specifically in the Masters category unless an event had no such category.

- Master female athlete of the year
Awarded to the female athlete 30 years old and over that has achieved outstanding performances primarily nationally and internationally, in the pool and/or on the beach/surf specifically in the Masters category unless an event had no such category.
- Performance of the year
Awarded to the individual (or team) that has provided the best performance in a specific event with priority given to performances that have offered Canada international visibility.
- Club of the year
Awarded to a club that has contributed to the development of lifesaving sport in Canada, through participation, leadership and performances of its members provincially, nationally and/or internationally. For this award, nominations are being sought from any member and branches of the Lifesaving Society.
- Official of the year
Awarded to an official that has contributed to the development of lifesaving sport in Canada, through his/her leadership and involvement provincially, nationally and/or internationally. For this award, nominations are being sought from any member and branches of the Lifesaving Society.
- Sport Volunteer of the year (New!)
Awarded to a volunteer that has contributed to the development of lifesaving sport in Canada, through his/her leadership and involvement provincially, nationally and/or internationally. For this award, nominations are being sought from any member and branches of the Lifesaving Society.
- Coach of the year
Awarded to a coach that has contributed to the development of lifesaving sport in Canada, through his/her leadership, quality of coaching and participation provincially, nationally and/or internationally. For this award, nominations are being sought from any member and branches of the Lifesaving Society.

For awards where nominations are being sought (Club, coach, volunteer and official), any member of the Lifesaving Society may submit a nomination at the following link: <https://forms.gle/TzGWYZtbTYipYRup9> by April 15th 2024 (11:59pm EST).

Winners will be announced during the 2024 Canadian Pool Lifesaving Championships in Saanich, British-Columbia on June 7-9 2024.

For further information or clarification, please contact Martin Leprohon at yuleprohon@gmail.com or at 514-576-5349.