

National Team Performance Program (NTPP) 2023-2024

The Royal Lifesaving Society of Canada is pleased to announce that the following athletes have been selected to the National Team Performance Program following their excellent performances last season. As such, they will have access to extra resources and support from our national team coaching staff in their preparation this season and heading towards the Lifesaving World Championships selection.

Open Women

Anne-Sophie Lepage – Narval Sauvetage Sportif (QC)
Haylie Burton – Royal City Aquatics (ON)
Hannah Mountford – Canadian Armed Forces
Mercedes Leblanc – Canadian Armed Forces
Kara Parkins – Royal City Aquatics (ON)
Claudine Courteau-Godmaire – Rouville Surf Club (QC)
Coralie Dion – Narval Sauvetage Sportif (QC)
Kaitlyn Burwell – TPLS Lifesaving Club (ON)
Ainsley McMurray – TPLS Lifesaving Club (ON)
Sandrine Meyers – Rouville Surf Club (QC)
Dallas Walker-Milan – Drayton Valley Lifesavers (AB)
Nancy Morrow – Drayton Valley Lifesavers (AB)
Lydianna O’Neil – Drayton Valley Lifesavers (AB)
Meadow Liversuch – Drayton Valley Lifesavers (AB)
Alexa Hunyady – Royal City Aquatics (ON)
Chloe Chen – Markham Lifesaving Club (ON)

Youth Women

Luna Abbot – Saugeen Shores Lifesaving Club (ON)
Izzy Speiran – Saugeen Shores Lifesaving Club (ON)
Jie-Lynn Barrett – Saugeen Shores Lifesaving Club (ON)
Alysson Lavoie – Narval Sauvetage Sportif (QC)
Florence Leclerc – Narval Sauvetage Sportif (QC)
Aurélie Perron – Narval Sauvetage Sportif (QC)
Mila Bonneau – Narval Sauvetage Sportif (QC)
Josée-Anne Lavertue – Narval Sauvetage Sportif (QC)
Abigail Skinder – Pacific Swim Academy (BC)
Anna-Marie Skinder – Pacific Swim Academy (BC)
Caitlyn Fowler – Pacific Swim Academy (BC)
Wingcy Wong – Markham Lifesaving Club (ON)
Elise Schlotzhauer – Royal City Aquatics (ON)

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Open Men

Justin Huynh – Markham Lifesaving Club (ON)
Jacob Miess – TPLS Lifesaving Club (ON)
Jude Dean – Nova Scotia Lifeguard Service (NS)
Dean Sangster – Nova Scotia Lifeguard Service (NS)
Sebastian Paulins – TPLS Lifesaving Club (ON)
Jonelle Halog – Richmond Hill Lifesaving Club (ON)
Alexandro Tonarini – Markham Lifesaving Club (ON)
Marc-Antoine Bernier – Dam’eaucles (QC)
Ian Wicken – Pacific Swim Academy (BC)

Youth Men

Otis Chan – Pacific Swim Academy (BC)
Noah MacDonald – Pacific Swim Academy (BC)
Aaron Swedlo – Cochrane Water Ninjas (AB)
Elias Fitzsimmons – Cochrane Water Ninjas (AB)
Henrik Chiu – Markham Lifesaving Club (ON)
Isaac Thibodeau – Cochrane Water Ninjas (AB)
Jack Dunse – Cochrane Water Ninjas (AB)
Liam Sutcliffe – Club de Sauvetage Sportif de Gatineau (QC)
Eithan Alpaugh – Saugeen Shores Lifesaving Club (ON)
Kevin Gottschalk – Saugeen Shores Lifesaving Club (ON)
Hayden Kaake – Saugeen Shores Lifesaving Club (ON)
Adam Krisco – Sea Devils Lifesaving Club (QC)
Joseph Skinder - Pacific Swim Academy (BC)

National Team Staff

Pierre Tabah – Head Coach
Don Burton – Coach
Chantique Carey-Payne – Coach
James Verreault – Coach
Marie-Hélène Paquette – Coach
Dennis Cook - Coach
Heather Barr – Coach
Caroline Arcand - Coach
Michael Hundt – Coach
Gabriel Quenneville - Kinesiologist
Sarah Dyck – Team Manager
Marie-Charlotte Hamel – Team Manager

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The Royal Lifesaving Society of Canada would also like to announce that the following athletes have been pre-selected to participate in LWC 2024, following their exceptional performances at the Canadian Pool Lifesaving Championships, the Canadian Surf Lifesaving Championships, the Commonwealth Championships and/or the International Surf Rescue Challenge.

Congratulations to **Abigail Skinder** (Pacific Swim Academy, BC), **Jacob Miess** (TPLS Lifesaving Club, ON), **Jude Dean** (Nova Scotia Lifeguard Service, NS) and **Jonelle Halog** (Richmond Hill Lifesaving Club, ON)!