



YMCA Royals Open Invitational Event Package

Meet Information	YMCA Royals Open Invitational, Long course
Clubs Invited	All active clubs
Hosting Pool	Brookfield Residential YMCA at Seton 4995 Market St SE Calgary AB T3M 2P9
Date and Warmups	Sunday February 11 th 2024 Warmups: 7 am Racing: 8 am
Entry Deadline	Tuesday February 6 th at 10 pm
Meet Manager	Amy Swedlo – amy.swedlo@calgary.ymca.ca , 403 650-6814
Meet Referee	Kerry Brager – 780 679-7455
Age Limit	Minimum age is 14 (as of 11 Feb 2024), there is no maximum age
Events Hosted	100m Carry with Fins 200 Super Lifesaver 4 x 25m Manikin Relay 50m Carry 4 x 50m Medley Relay 200m Obstacle 4 x 50m Obstacle Relay 12.5m Line Throw Relay 100m Rescue Medley 100m Tow with Fins
Entry Limit	Maximum individual events per athlete: 6 Maximum relay events per athlete: 4
Qualification and Entry Procedure	All athletes must be registered with the Lifesaving Society AB/NWT All athletes must be registered online through the sport.lifesaving.org registration portal prior to the registration deadline.
Entry Fee	\$50
Scoring	Points will be awarded for placing in the top 16, with 20 points for 1 st , 18 for 2 nd , 16 for 3 rd , 14 for 4 th , 13 for 5 th down to 1 for 16 th
Awards	Ribbons will be awarded for 1 st to 8 th place for each event/gender/age group.
Seeding	Athletes will be senior seeded based on entry times submitted with registration. Results will be separated by age group (14-15, 16-19, 20-29 and 30+) for scoring and awards.
Coach & Official meetings	Coach meeting: 7:15 am – outside the electronics room Officials meeting: 7:25 am – in the officials' room

<p>Warmup Information</p>	<p>Warmups will be available for 45 minutes (from 7 to 7:45 am). Lanes 0 and 9 will be available for one direction swimming throughout the warmup period.</p> <p>The last 10 minutes of the warmup time will be reserved for dives / 1 direction swimming in all lanes</p> <p>Clubs will not be assigned a lane for warmups.</p> <p>Equipment use such as fins, Rescue Tube, and Manikins will be allowed throughout the warmup session</p> <p>2 Warmup/cooldown lanes will be available throughout the meet for athlete use.</p> <p>Meet management reserves the right to modify the warmup schedule as needed based on registration numbers. Any changes will be communicated to all head coaches.</p>
<p>Deck Entries</p>	<p>Deck entries may be permitted at the discretion of the head referee provided they do not require the addition of another heat. Entries will be seeded into empty lanes in existing heats.</p>
<p>Relay Changes</p>	<p>Relay changes for manikin relay must be submitted to the clerk of course no later than 8:30 am.</p> <p>Relay changes for all other relays must be submitted to the clerk of course no later than 9 am</p>