

RIPPLES

Lifesaving Society Alberta & Northwest Territories Branch Newsletter

Spring 2023

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MEMBER UPDATES

Executive Director Appointment

The Board of Directors of the Lifesaving Society, Alberta and Northwest Territories Branch is pleased to announce the appointment of Jonathan Kusyanto as Executive Director.

The appointment is the result of a public posting and multi-stage interview process. We wish to thank everyone who applied to the position for their time and support of our goal to empower Alberta and Northwest Territories residents to be safe in, on, and around the water.

As Executive Director, Jonathan brings extensive experience in both aquatics and leadership. He has worked with pools and waterfronts across Alberta and the Northwest Territories and is an active member of the Lifesaving Sport community. He has been a long-term volunteer, employee, and advocate for the Lifesaving Society and holds a series of Lifesaving Society Commonwealth Awards for his service. Most recently, Jonathan has served as Acting Executive Director since September 2022. The Board of Directors is confident that his experience, energy, and passion will deliver quality service to our members and affiliates, as well as support to our employees.

Congratulations, Jonathan. We are excited to continue towards our mission of a Canada free from drowning and water-related injury.



Jonathan Kusyanto, Executive Director



We're Hiring!

The Lifesaving Society wants you to join our expanding team! We are looking to fill multiple positions:

- Program and Development Manager
- Marketing and Communications Coordinator
- Finance Assistant
- Recreation Program Leader, Summer Student (2)
- Data Entry Clerk, Summer Student (2)

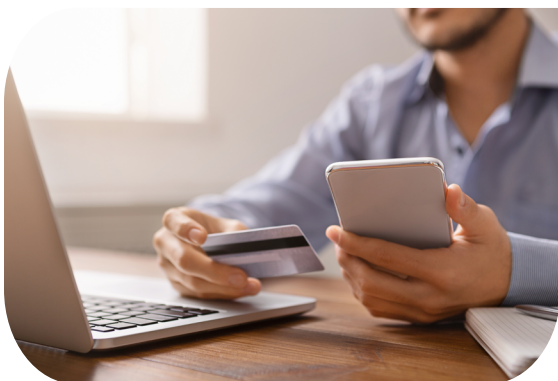
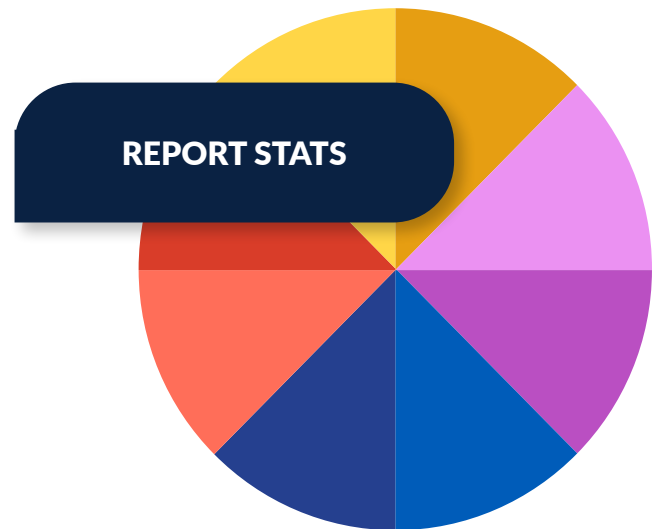
Positions will remain open until they are filled. We're looking for the best fit!

Click on "Apply Now" for a list of all job postings, their descriptions, and application details.

! Quarterly Reporting

In order to track activity levels in programs without test sheets, we require affiliate delivery partners to submit program statistics on a quarterly basis. January 1 - March 31 stats are now due!

Affiliate statistics for the 2022 calendar year are now being calculated for our Annual General Meeting. If you missed statistics submissions last year, please contact Experts@LifeSaving.org as soon as possible.



New Price List in Effect

As of April 3, the updated Price List is now in effect. All equipment prices remain on Shop.Lifesaving.org.

**DOWNLOAD
PRICE LIST**



Affiliate Agreements

As of 2023, to ensure affiliates and the Lifesaving Society are always up to date on their respective responsibilities, affiliates must sign a renewal agreement each year.

If you have not yet submitted an Affiliate Delivery Partner Renewal Agreement this year, please submit it as soon as possible to Experts@LifeSaving.org.

**DOWNLOAD
AGREEMENT**

Prerequisites

It is the responsibility of Affiliate Delivery Partners to ensure prerequisites are met before course delivery.

Last year, the most common prerequisites that were missed were as follows:

- Bronze Cross Candidates require SFA
- Bronze Medallion Candidates require CPR-C
- Lifesaving Instructors teaching a Bronze Cross course must have held a National Lifeguard Certification



Volunteer Committees

Thank you to everyone who has contacted us about volunteering with the Lifesaving Society. We have heard you loud and clear, and we will have plenty of upcoming opportunities to be involved in all aspects of the organization! The Lifesaving Society is developing a framework for future committees to ensure better member engagement at all levels and allow for the opportunity to build resources and support all our members. Be on the lookout for further communications to learn when and how to apply.



Volunteer Photographer Needed

The Lifesaving Society is in need of a photographer for upcoming events:

- **Annual General Meeting**
June 17, 2023
ACT Rec Centre, Edmonton, Alberta
- **World Drowning Prevention Day Flag Raising Ceremony**
July 25, 2023
Federal Plaza, Edmonton, Alberta

If you are interested in volunteering, please send a portrait sample to Experts@LifeSaving.org.

Board of Directors Recruitment

The Lifesaving Society Alberta and Northwest Territories Branch is recruiting for its Board of Directors.

Please review the following documents and submit expressions of interest to LeeG@LifeSaving.org.

Deadline to express your interest is May 17, 2023.

**REVIEW & EXPRESS
INTEREST**

Annual General Meeting

Please join us at our Annual General Meeting and Affiliate Recognition Awards to recognize our collaborative efforts to reduce drowning and water related injury.

We invite you to stick around after the event as well. Coffee and snacks will be provided, and there will be ample time to network with fellow affiliates and meet the Lifesaving Society staff!

Friday, June 16, 2023

1:00 - 3:00 PM

ACT Rec Centre

Rundle Park
2909 113 Ave NW
Edmonton, AB T5W 4S1

REGISTER

EVENTS



World #DrowningPrevention Day

World Drowning Prevention Day is July 25, every year.

This year's theme expands on last year's to include "Do One Thing", "Improve One Thing", and "Add One Thing" to end drowning. Photos, messaging, and content can be found on the Members section of our website. We encourage you to share this messaging widely on your platforms to raise awareness of the drowning problem.

In addition, the Lifesaving Society Alberta and Northwest Territories Branch will be hosting a flag raising ceremony alongside Her Honour, the Honourable Salma Lakhani, AOE B.Sc., LLD (Hon). The ceremony will take place at the Federal Plaza in downtown Edmonton.

Go Blue for World #DrowningPrevention Day

Many notable landmarks and buildings in the province will be lit blue during National Drowning Prevention Week or World Drowning Prevention Day to draw attention to the importance of drowning prevention.

If you see any of these landmarks, be sure to take a picture and tag the Lifesaving Society!



World
Drowning
Prevention
Day 25 July

Anyone can drown,
no one should.

JULY 25

#DrowningPrevention

DO ONE THING

If you aren't already taking active measures towards drowning prevention, you can start with **"DO ONE THING"**.

IDEAS FOR ACTION

- Share our campaign material
- Enroll for swimming and water safety classes
- Support local drowning prevention groups
- Host public events to share water safety information
- Launch a drowning prevention campaign
- Commit to delivering new drowning prevention programs
- Develop or announce new drowning prevention policies, strategies or legislation

IMPROVE ONE THING

If you're already working on drowning prevention, then you can work to **"IMPROVE ONE THING"**.

IDEAS FOR ACTION

- Share water safety advice in your community
- Advocate for the benefits of improving your swimming and water safety skills
- Adapt and expand existing drowning prevention programs
- Identify new partners for collaboration
- Take time to evaluate and reflect on current efforts, considering how these could be improved

ADD ONE THING

If you are already active in drowning prevention, and have a mature program or set of programs, then it's time to **"ADD ONE THING"**. Consider broadening your efforts, or adding to your portfolio of action against drowning.

IDEAS FOR ACTION

- Hold a community event to commemorate World Drowning Prevention Day on July 25
- Support the work of other organizations and communities nationally
- Contribute to regional and global drowning prevention efforts
- Expand your knowledge on drowning prevention through reviewing resources on the WHO website

PROGRAMS



Policies and Procedures Manual

We are updating our Policies and Procedures manual. We will notify you once it has been published. When referencing our Policies and Procedures, we always keep the most recent copy on our the Member Services section of our website.

**POLICIES &
PROCEDURES**

Swim Transition

The final day for individuals to transition is June 28, 2023. This extension applies only to individuals, not to aquatic facilities.

Red Cross Water Safety Instructors can transition their certification to a Lifesaving Society Swim Instructor certification via the [Lifesaving Society Online Academy](#).

Seasonal facilities, we understand that you may be starting to run Lifesaving Society lessons for the first time. Please reach out to us for support – we are happy to help with whatever you need to make the transition as smooth as possible.

For all details regarding the extension, please read our prior [communique](#).





Swim for Life Program Feedback

We understand that many of our affiliates are now fully transitioned and running our Swim for Life program. We encourage you to collect feedback from your instructors and candidates at this time. The Lifesaving Society will begin to formally request feedback in the fall to assist us in program revisions.

First Aid Update

We are doing a full review of services and programs in working towards being fiscally responsible, while maximizing our value to affiliates and increasing our outreach to meet our mandate. As such, we will be putting the First Aid Rebate Program on hold starting in September. We will review the program incentive and will be contacting affiliates for stakeholder input this year .



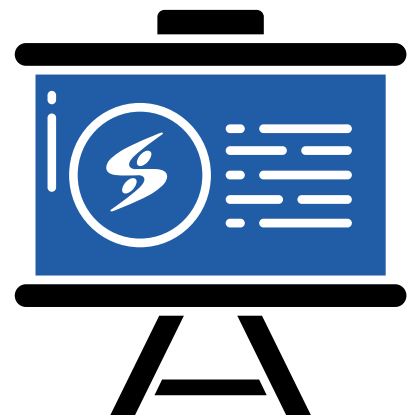
National Lifeguard Award Guide Insert

Lifesaving Society Canada has informed branches of a number of small changes to be corrected in the next printing of the National Lifeguard Award Guide. The Lifesaving Society Alberta and Northwest Territories Branch has created insert pages to address these changes.

If you have the 3rd edition of the National Lifeguard Award Guide, please [download](#) the insert page from the [Member Portal](#).

National Trainer Course and Workshop

The Lifesaving Society was happy to host a a National Trainer workshop at our office in Edmonton from April 29-30. Many current National Trainers were also in attendance to help run the workshop and on-board the candidates. We look forward to the opportunity to work with so many new National Trainers in using them to expand our reach and better support our members across Alberta and the Northwest Territories.





Courses

National Lifeguard - Waterfront (40 hours)

Hosted by the Lifesaving Society and the Alberta Camping Association.

May 23-26, 2023
Camp Kuriakos
5-39317 Range Road 24
Lacombe County, AB

[REGISTER](#)

Trainer Course - In Person

(Summer Trainer Course available through Online Academy and live video sessions.)

May 26-28
MNP Community and Sport Centre
2225 MacLeod Trail SE

[REGISTER](#)

Trainer Recertification Schedule

June 11: 1:00pm to 5:00pm
August 11: 12:30pm to 4:30pm
September 16: 1:00pm to 5:00pm
November 26: 1:00pm to 5:00p

[REGISTER
JUNE](#)

[REGISTER
AUG.](#)

[REGISTER
SEPT.](#)

[REGISTER
NOV.](#)

National Lifeguard Update

The National Lifeguard update launched on April 17, 2023. The update is for all Lifesaving Trainers and Instructors who deliver, teach, and evaluate Lifesaving Society National Lifeguard Programs. These leadership volunteers are to complete the Update Process below.

April 17, 2023 - January 1, 2024

Complete the Mandatory Update via the Online Learning Academy.

- Read and understand new National Lifeguard literature and resources.
- Begin using updated National Lifeguard Instructor Pack
- Begin using updated National Lifeguard Instructor Award Guide

December 31, 2023


Start running National Lifeguard (2022 revision) program.

- The previous National Lifeguard program will retire on December 31, 2023 and all new courses must be the updated, 2022 revision.

January 1, 2024

All National Lifeguard Trainers and Instructors must have completed the Mandatory Update to continue delivering National Lifeguard Programs.

- It is now required that all National Lifeguard programs run the 2022 revision, with updated materials.



National Lifeguard Trainers must now have completed the Mandatory Update to deliver NLI courses.

View the [National Lifeguard Update Communique](#) for more information.

SPORT



ALBERTA & NORTHWEST TERRITORIES
**LIFESAVING
SPORT** 

Provincials

The 2023 Pool Alberta and Northwest Territories Pool Lifesaving Championships and Junior Games were hosted at the Mayer Aquatic Center in Camrose from March 31 to April 2.

There were over 300 athletes in attendance and over 100 volunteers ensuring the success of the event.

Nationals (Canadian Lifesaving Championships)

Canadian Pool Lifesaving Championships

Windsor, Ontario

June 9-11, 2023

**Book accommodation early.*

Canadian Surf Lifesaving Championships

Martinique, Nova Scotia

August 25-27, 2023



Commonwealth Games

Windsor International Aquatic and Training Centre
Windsor, Ontario
September 13-17, 2023

Entry Deadlines:

Early: June 6, 2023

Normal: July 18, 2023

Late: August 1, 2023



CANCELLED

CLERC Cancellation

The Lifesaving Society Canada is undertaking a review of the Canadian Lifeguard Emergency Response Championships (CLERC) and, as such, has canceled the 2023 and 2024 Championships (Alberta/NWT and BC/ Yukon respectively).

The Society looks forward to inviting everyone back in 2025 and encourages all athletes, coaches, and clubs to continue to participate in provincial, territorial, and national competition opportunities.

PUBLIC ED

Canadian Safe Boating Council (CSBC) Safe Boating Week is May 20-26, 2023

Be sure to share these key messages:

- **Wear Your Lifejacket** - Over 80% of Canadians who drowned while boating were either not wearing their lifejacket properly or not wearing it at all.
- **Be Prepared, You and Your Boat** - Make sure that your boat has the required safety equipment, the weather is suitable for the voyage, you have sufficient fuel, and you have filed a trip plan. Know how to use a VHF radio and what channel to call for help in your area.
- **Boat Sober** - Whether it is alcohol, cannabis, or prescription drugs, the use of intoxicants is both irresponsible and illegal.
- **Take a Boating Course** – If you are operating a powered recreational vessel, you should have your Pleasure Craft Operator (PCO) Card or some other proof of competency.
- **Be Aware of Cold-Water Risks** - Cold water can severely impact your ability to swim or even just stay afloat. No matter your swimming ability, the best chance of surviving an accidental cold-water immersion is to wear your lifejacket!

SAFETY



Audits, LPAs, and Consultations

The Lifesaving Society is fully booked for safety services right up until Fall 2023. We recommend booking an audit at least once every 5 years. If you are looking to book schedule a consultation with us, make sure to do it early!



National Safety Standards

Several Lifesaving Society Canada National Safety Standards are currently under review. We are monitoring for finalized updates to these standards and will notify our affiliates as more information becomes available. For more information on National Safety Standards, visit:

<https://lifesaving.ca/safety-management-services.php>



Alberta Public Pool Safety Standards

The Society will be looking at updating the Alberta Public Pool Safety Standards in 2023.

If you have not seen this document, please take a moment to [view it on our website](#).

Our safety standards are there to support facilities in managing and mitigating risk. They are designed to be a helpful tool for having discussions about facility management with recreation directors and those who do not have an aquatic background.

SHOP



Lifejackets

Boating season is upon us. The Lifesaving Society has you covered. Purchase your lifejacket from us today!

Remember - a lifejacket only works if you are wearing it.

[BUY NOW](#)

Bi-Lingual Recognition Materials

Bi-Lingual recognition materials are now available for Parent & Tot, Preschool, and Swimmer levels!

