

RIPPLES

Lifesaving Society Alberta & Northwest Territories Branch Newsletter

Winter 2023

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MEMBER UPDATES

GET INVOLVED

Coming Soon - Volunteer Committees!

If you are dedicated to drowning prevention and want to do more to get involved, then this news is for you! The Lifesaving Society Alberta and Northwest Territories Branch is excited to announce the creation of volunteer committees where members can contribute to the drowning prevention mandate by sharing their expertise. These committees will further add to a sense of community throughout the aquatics industry, and lean on volunteer expertise to address key topics around drowning prevention.

This initiative will be launched in the Spring of 2023. Drowning is preventable. It takes a community to create a Water Smart® culture.

Affiliate Renewals

It's Affiliate Renewal Time! This year, as part of the renewal process, all Affiliates are required to complete an [Affiliate Delivery Partner Renewal Form](#) to update their account information. This form will ensure that your Affiliate information is accurate in our database, and that you are aware of your responsibilities as an affiliate.

Automatic invoicing will not occur this year. Invoices will be sent once the Affiliate account has been updated. Please ensure that one representative from your Affiliate completes the form with accurate and up-to-date information, being sure to list each facility (if applicable).

Please send completed [Affiliate Delivery Partner Renewal Forms](#) to Experts@LifeSaving.org within 30 days.



Branch Staff Updates



Carter Dalrymple
Operations & Member Services Manager

Please join us in welcoming Carter Dalrymple to the team. Carter has over a decade in operations and customer service experience, and is an avid backpacker and rec league volleyball player.

Carter has been training in this role for the past few weeks, and is happy to be your new go-to for all things shop and member services.



NEW Job Posting - Executive Director

The Lifesaving Society Alberta and Northwest Territories Branch is grateful to Jonathan Kusyanto for stepping in as the interim Executive Director. Thank you, Jonathan, for your hard work and dedication.

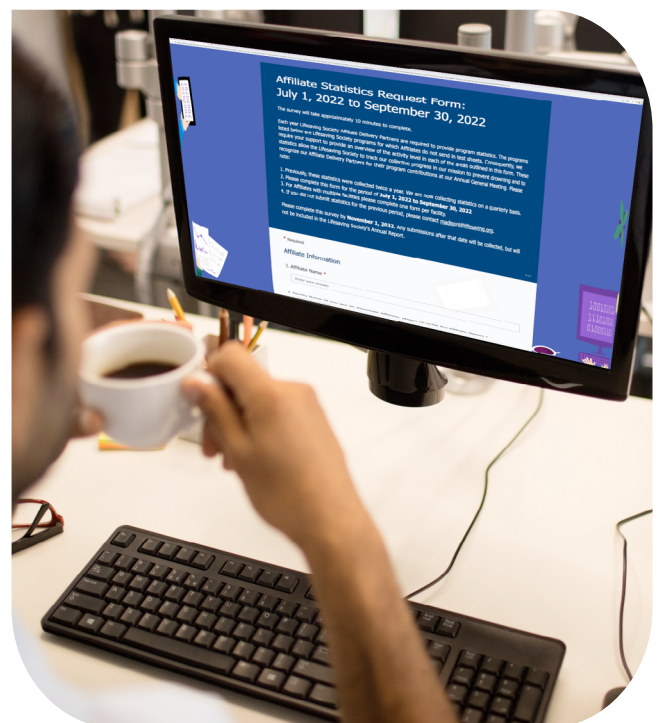
The time has come to fill the Executive Director role in a permanent capacity. All those interested in applying can do so on-line at [Indeed.ca](https://www.indeed.ca).

Applications will be accepted until Tuesday February 21, 2023.

! Quarterly Reporting

In order to track activity levels in programs without test sheets, we require affiliate delivery partners to submit program statistics on a quarterly basis. October-December 2022 stats are now due.

A reminder for Affiliates now running the Swim for Life program - make sure you track your participants for the next round of reporting!



EVENTS



Queen's Jubilee Ceremony

On January 25, 2023 the Lifesaving Society Alberta & Northwest Territories Branch held a ceremony celebrating recipients of the Queen Elizabeth II's Platinum Jubilee Medal (Alberta). This award was created to honour the Queen and her lifelong service to Canada, and Albertans who, like Her Majesty, have devoted their lives to the betterment of Alberta. Recipients included Heather Barnhouse, Barbara Costache, Rob Campbell, and Norm Baldry.

Several other recipients will be receiving their awards shortly, including:

- Desiree Janzen
- Jonathan Kusyanto
- Cameron Mitchell
- Heather Rasmusen
- Cory Rasmuson
- Anthony Seto
- Kathy Belton
- Chris Burrows
- Sean Curran
- Bogusz Wolski

Congratulations to all of the Platinum Jubilee Medal recipients and nominees, and thank you for your dedication to improving Alberta through drowning prevention.

IN MEMORIAM



Sgt (Retd) William (Bill) Wallace Patton

November 20, 1935 - January 9, 2023

It is with great sadness that we announce the passing of Sergeant (retired) William Patton. William (Bill) Patton was born in Regina in 1935 and raised in British Columbia. Though he always considered British Columbia to be his home, his position with the Royal Canadian Mounted Police brought him to Alberta. It was in Alberta that he met the love of his life, raised his family, and retired after a 37-year career with the RCMP.

William was very active in the community throughout his life, remaining so into retirement. He was President of the RCMP Veteran's Association and a dedicated volunteer with St. John Ambulance, Edmonton Real Estate Board, the Masonic Order, and the Lifesaving Society.

Many Lifesaving Society members may recognize William's name, even if they are not familiar with his service to the Society. William's significant contribution to the Lifesaving Society is recognized by a Branch affiliate recognition award bearing his name. The Dr. William Patton First Aid Awards are presented annually to the affiliate members who accumulated the highest point totals for delivering Lifesaving First Aid programs. This award continues to honor William and his commitment to the wellbeing of Albertans.

The Lifesaving Society extends its deepest condolences to all those mourning the loss of William Patton, especially his surviving family. He will be missed greatly.

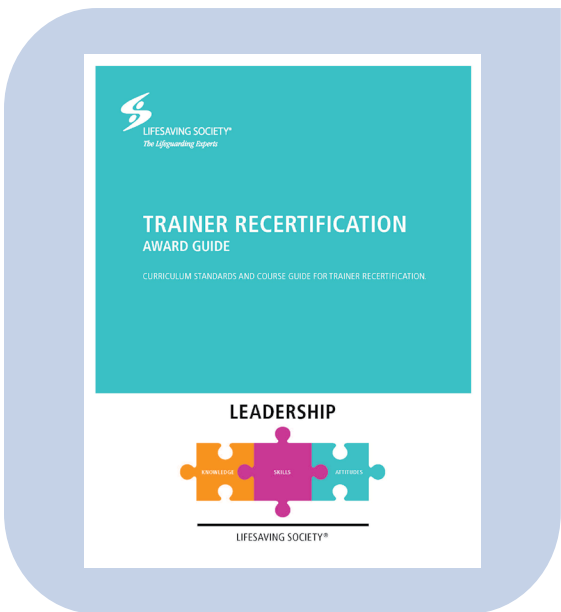
PROGRAMS



First Aid Update

First Aid updates are on their way! Affiliates, instructors, and trainers will receive a communique from the Lifesaving Society when the updates are launched. The communique will outline when resources will be available, how the resources will be implemented, and the timeline for implementation.

Until First Aid updates are released, please continue to use the existing resources (and insert available on the Member Login).



Trainer Re-certification

Members recently received a communique listing course dates and information for trainer re-certifications. Please refer to this communique, or register to begin your Trainer Re-certification on March 31 (with live video session on April 15).

All courses will be listed on *Find a Course* shortly.

REGISTER NOW

SPORT



Provincial Championships

Lifesaving Sport Provincial Championships will be held in Camrose from March 31 - April 2, 2023.

National Championships

Lifesaving Sport National Championships will be held in Windsor, Ontario this June. A communique will be sent out when details are announced - watch your inbox!

In the meantime, the call for officials is out!

Commonwealth Games

This September 1 - 3, 2023 athletes will be heading to Windsor Ontario for the Lifesaving Sport Commonwealth Games. Communiques will be released in the coming months with more information.

Camrose Tsunami Splash

On March 10 - 11, 2023 the Camrose Tsunami's will be hosting the Tsunami Splash Invitational at the Camrose Aquatic Centre.

[VOLUNTEER TO OFFICIATE](#)

University of Calgary Lifeguard Games

Calling all Lifeguards! The University of Calgary will be hosting Lifeguard Games on May 7, 2023. This is a fun-first competition that will test lifeguard skills, from physical to communication, to priority assessment and teamwork! All certified National Lifeguards are welcome. Contact the University of Calgary Aquatic Centre for more information and to register.





Lifesaving Sport Website

It turns out that the best way to find all the quirks in a new website is to launch it! We are continuing to tweak and adjust sport.lifesaving.org to bring you the ultimate user experience. Thank you to everyone who has provided feedback on the new Lifesaving Sport website.

Member Login for Lifesaving Sport

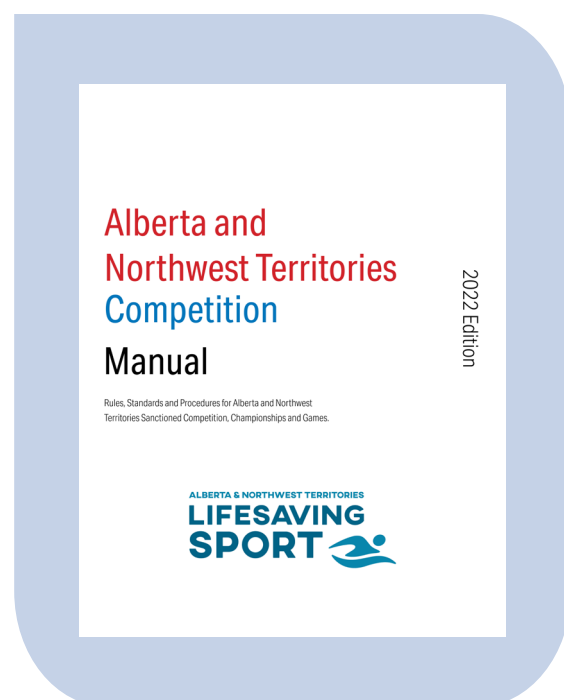
Looking for Lifesaving Sport resources? Head on-line to LifeSaving.org/members and log in to check out the host of resources now available in the Lifesaving Sport resource library! Resources are available for:

- Officials and Volunteers
- Meets and Sanctioned Events
- Scripts and Meeting Agendas

Updated Competition Manuals

The Lifesaving Sport Competition Manuals have been updated! We highly recommend coaches review the new manuals and work with their athletes to prepare for competition according to the latest standards.

Visit LifeSaving.org to view the Alberta and Northwest Territories Competition Manual, 2022 Edition.



PUBLIC ED

More than 50,000
Canadians die
of heart disease
every year.

You are most
likely to perform
CPR on a family
member.

February is Heart Month!

Show your heart some love this month by building the habit of exercising for a healthy heart!

Exercise and diet are key components to the prevention of heart disease, the second leading cause of death in Canada*. Reduce your risk by staying healthy, and knowing how to identify and respond to a cardiac emergency.

To learn about identifying and responding to cardiac emergencies, take a Lifesaving Society CPR Course. Courses can be found at your local recreation center, or on the Lifesaving Society Alberta and Northwest Territories [Find a Course](#) page.

CALL 9-1-1
if you experience
chest pain &
shortness of
breath.

CPR courses train
you to use an
Automatic External
Defibrillator
(AED.)

Pushing hard and fast
in the centre of the
chest, and calling EMS
is critical in a cardiac
emergency.

BE PREPARED!
Find a Lifesaving
Society CPR course
near you!

SAFETY



Aquatic Safety Inspector (ASI) Course

February 18, 2023

Brookfield Residential YMCA at Seton

Get certified to complete Aquatic Safety Inspections with this hands-on course. You will learn about the regulations, protocols, and guidelines that apply to the operation of aquatic facilities.

Prerequisites: none

Award currency: 2 years

[REGISTER NOW](#)

Highlight on Drowning

People who experience a non-fatal drowning may face serious health issues as a result. Often for the rest of their lives.

30

Deaths
(2000-2019)

24

Hospital Admissions
(2001-2020)

160

Emergency Dept. Visits
(2001-2020)

Drowning is defined as a process of experiencing respiratory impairment from submersion or immersion in a liquid.¹

Drowning can be either **fatal** or **non-fatal** in nature. In non-fatal drowning, the impairment to breathing is resolved before death can occur. Non-fatal drowning can result in a range of outcomes, from no injuries to serious injuries or even permanent disability.

Alberta Non-fatal drownings: 2022 Report, p. 2.

SHOP



NEW - Canadian Swim Patrol and Swim for Life Fitness Swim Reports

Now available on our on-line Shop are re-designed Canadian Swim Patrol and Swim for Life Fitness swim reports. Boasting a fresh new style, these swim reports are a welcome addition to the updated look of Lifesaving Society Learn to Swim and Lifesaving programs here in Alberta and the Northwest Territories.

Also check out our refreshed Fitness recognition ribbons!



Fanny Pack & Sling-Bag Kits

A perfect compliment to Lifesaving Society Lifeguard uniforms, these kits are stocked with the essentials to get your Lifeguards outfitted and deck-ready in no-time!

Visit our [Shop](#) to order fanny pack/sling-bag kits and uniforms today.

New Year, New Price List

The 2023 Lifesaving Society Alberta & Northwest Territories Branch price list is now available.

2023 prices will go in to effect on April 3, 2023.

We recognize that the past few years have been filled with difficult and changing circumstances like closures and high inflation rates; we have taken steps to maintain existing pricing as much as possible, and keep necessary price increases to a minimum.

The existing 2022 prices will be honored for all orders placed on or before April 2, 2023, regardless of processing or shipping date.

[VIEW PRICE LIST](#)