



LIFESAVING SOCIETY®

The Lifeguarding Experts

Communique

Alberta and Northwest Territories Branch Notice

October 26, 2022

Update to Lifesaving First Aid Programs

As a training agency for workplace first aid courses, Lifesaving First Aid Programs have been approved by the Government of Alberta and the Government of Northwest Territories at the Emergency First Aid and Standard First Aid levels.

The following information will provide key updates and timelines for Affiliate Delivery Partners and Lifesaving Society Leadership Volunteers regarding Lifesaving First Aid Programs.

What's New?

The Lifesaving Society has started the process of updating its First Aid Programs:

- Standard First Aid (Original and Recertification) and Emergency First Aid have been renamed as Standard First Aid CPR-C & AED and Emergency First Aid CPR-C to better reflect the program certifications.
- Standard First Aid CPR-C & AED and Emergency First Aid CPR-C program content has been reviewed and a supplementary Lifesaving First Aid Award Guide Insert has been developed to ensure legislated workplace first aid program content is included in program delivery.
- Aquatic Emergency Care "AEC" (Original and Recertification) courses are no longer workplace first aid programs. AEC is now a standalone module, that requires a Government of Alberta workplace approved Standard First Aid as a pre-requisite.
- A Policy and Procedure Addendum regarding AEC (Original and Recertification) has been released and will be in effect until the updated First Aid Programs are rolled out in January 2023 and the Policies and Procedures 2023 edition is released.
- New First Aid and AEC test sheets have been created to reflect the above changes.

The Lifesaving Society Alberta and Northwest Territories Branch

Charitable Registration No. 11912 9021 RR0001

1-780-415-1755 || <http://www.lifesaving.org>

13123 - 156 Street NW, Edmonton, AB T5V 1V2

Please review the following Memorandum for an overview of the Aquatic Emergency Care Policy and Procedure updates:

- [Addendum to Policies and Procedures – Aquatic Emergency Care](#)
-

New Materials and Resources

The following materials and resources have been developed to support the implementation of the First Aid Program Updates:

- [Lifesaving First Aid Award Guide Insert](#)
- [Updated Standard First Aid CPR-C & AED / Emergency First Aid CPR-C Test Sheets](#)
- [Updated Aquatic Emergency Care Test Sheets](#)

The Lifesaving First Aid Award Guide Insert is available via the First Aid and CPR Programs Resource Library on the Members side of our website. All current program test sheets are available on the public side of our website.

Program Update Timeline

Effective **October 25, 2022**, all Affiliate Delivery Partners and Lifesaving First Aid Instructors are required to utilize the resources indicated above and follow the updated program policy and procedures when administering and delivering Standard First Aid CPR-C & AED, Emergency First Aid CPR-C, and Aquatic Emergency Care programs.

Anyone certified in Aquatic Emergency Care prior to **October 25, 2022**, will be current for 2-years from date of certification.

The Canadian First Aid Manual, current Lifesaving First Aid Award Guide, and Lifesaving First Aid Award Guide Insert will be phased out in **January 2023** and additional updated resources and materials will be made available. This will include:

- New First Aid Manual
- Updated Lifesaving First Aid Award Guide
- Updated Lifesaving First Aid Candidate Workbook
- Updated Canadian CPR Manual
- Updated Canadian Oxygen Administration Manual
- New Aquatic Emergency Care Manual
- Updated First Aid Instructor Recertification Award Guide

All Affiliate Delivery Partners, Lifesaving First Aid Instructors and First Aid Trainers will be required to use the new resources for First Aid Program Delivery.

The Lifesaving Society Alberta and Northwest Territories Branch

Charitable Registration No. 11912 9021 RR0001

1-780-415-1755 || <http://www.lifesaving.org>

13123 - 156 Street NW, Edmonton, AB T5V 1V2

Certification Fees

To support Affiliate Delivery Partners with the above changes, the Society will be waiving Aquatic Emergency Care certification fees until Fall 2023. Affiliates are encouraged to monitor their stock of current Canadian First Aid Manuals. Affiliates will receive further updates on the Updated First Aid Programs during the November Affiliate Webinar: Regional Conversations.

If there are any questions regarding the information above, please contact the Lifesaving Society by email (Experts@LifeSaving.org) or phone (780-415-1755).

The Lifesaving Society Alberta and Northwest Territories Branch

Charitable Registration No. 11912 9021 RR0001

1-780-415-1755 || <http://www.lifesaving.org>

13123 - 156 Street NW, Edmonton, AB T5V 1V2