

# Ripples

## Alberta and Northwest Territories Monthly Newsletter

### Affiliate News



We did it, we made it through another pandemic year!

It's no secret that aquatics have received its share of lumps throughout the pandemic. Aquatic personnel have been hit hard time and again - facing layoffs, work modifications, constant uncertainty, and relentless customer service challenges. Countless kids have missed out on the opportunity to learn to swim and to improve their swimming skills, and fatal drownings have hit record numbers in Alberta and the Northwest Territories since the start of the pandemic.

The road has been hard personally and professionally, but your dedication directly helps to build safer (and more fun) communities. For this we would like to say thank you; thank you for continuing to show up and to advocate for your people, both staff and community.

While we cannot guess what lies ahead, we're determined to make lemonade, lemon meringue pie, lemon bars, and whatever else we can out of the tsunami of lemons we continue to be served by Covid-19. We are looking forward to working with you through another year, and making 2022 the best it can be!

- The Lifesaving Society Alberta and Northwest Territories Branch team



### January is Bathtub Safety Month!

It's freezing cold outside, and who wouldn't want to beat the chill with a nice warm bath? Well, before you get into the tub, remember that bathtubs are the #1 man-made setting where drownings occur.

The two demographics most affected by bathtub drownings remain children and seniors. There are measures that you can take to keep yourself, and your kids, safe in the bathtub:



Watch your child, not your phone!  
Actively supervise your child.



Stay beside your child while they are in the bath.  
Drowning is silent and can happen in seconds.



Have someone close enough to hear you and respond, should you have a problem.



Take care getting in and out of bathtubs: use adhesive traction stickers and grab-bars designed for weight-bearing to prevent falls.

## Lifesaving Sport - Upcoming Events

### Wetaskiwin Chill Lifesaving Sport Meet

January 22, 2022 | 7:00am - 3:00pm

The Wetaskiwin Orcas Lifesaving Club in Wetaskiwin, AB is excited to be hosting a Lifesaving Sport meet this January 22nd.

Visit the [Lifesaving Society Sport website](#), or email [tyler.bailer@wetaskiwin.ca](mailto:tyler.bailer@wetaskiwin.ca) for registration information.

## Updated Bronze Program Reminder

January 1, 2022 was the start date for all Bronze Programs to be running the updated course material. The mandatory update for instructors can be completed through our [Online Course Academy](#).



## Lifesaving Sport - Upcoming Training

### Lifesaving Sport Officials Training

January 21, 2022 | 4:00pm - 9:00pm

In this free Official's Training Course you will receive the knowledge and skills of both a Community Official and Pool Official. For more information, and to register, visit the registration page: [Lifesaving Sport Officials Training](#)

### Lifesaving Sport Coaching Clinic

January 21 & 23, 2022

Cost: \$150.00

The Coach Level 1 course prepares Coaches to apply level 2 leadership competencies and strategies designed to coach and train athletes to participate in Lifesaving Sport programs and sanctioned competition. The clinic will run from 12:00pm - 4:00pm, January 21 and 8:00am - 4:00pm, January 23 (must attend both days).

[Register for Lifesaving Sport Coaching Clinic](#)

# SAVE THE DATE!

# JUNE 3-5, 2022

## Canadian Pool Lifesaving Championships

Hosted by the Lifesaving Society Alberta and Northwest Territories Branch



MacDonald Island Park, Fort McMurray, Alberta  
June 3-5, 2022

Registration opens February 2022. Follow us on social media for regular updates.



## UPCOMING COURSES

The Lifesaving Society is a full service provider of programs, products, and services designed to prevent drowning. To find a list of facility-hosted certification courses, please visit the [Find a Course](#) page on our website.

## Lifesaving Society Online Academy

### [2021 Swim and Lifesaving Instructor Recertification](#)

**Start Date:** Upon Registration

**Cost:** \$65.00

**Prerequisites:** Holds an existing Swim or Lifesaving Instructor award (need not be current) and has completed Mandatory Updates (as required).

### [2021 National Lifeguard Instructor Recertification](#)

**Start Date:** Upon Registration

**Cost:** \$70.00

**Prerequisites:** Holds an existing National Lifeguard Instructor award (need not be current) and have completed Mandatory Updates (as required).