

Ripples

Alberta and Northwest Territories Monthly Newsletter

Affiliate News



REMINDER - Bronze Mandatory Update is Required

Our affiliate webinar sessions have concluded for the Bronze mandatory update. Affiliates must make sure their Lifesaving Trainers and Instructors complete the update (available on the [Online Course Academy](#)).

Starting January 1, 2022 all Bronze Medal courses must be run with the new programming.

ACTION REQUIRED - Quarterly Stats Submission

In order to track activity levels in programs that do not have tests sheets we require affiliate delivery partners to submit program statistics on a quarterly basis.

Please complete the following form to submit your statistics:

[Affiliate Statistics Request Form: July 1 to Sept. 30](#)

Communiqués

Need to check the latest communicate? We've now added our communiques to the [Communication Supports](#) page, under Member Services, on our website. Communiques will continue to be emailed out, but you will be able to find our most recent and relevant communiques online too!

Development Opportunity: Free Online Concussion Course

Want to learn more about concussions? The University of Calgary is collaborating with the Université Laval to offer a free online concussion course.

This course is perfect for coaches, athletes, parents and anyone who has an interest in concussions. You will learn how to prevent, identify, and manage concussions. While the course is delivered through a self-paced online setting, it must be completed by November 8th. The last day to register is **October 7th**.

Check out the [University of Calgary Faculty of Kinesiology](#) website to learn more and to register!



DEADLINE TO REGISTER - OCTOBER 7th

Upcoming Conferences



Sport Leadership sportif

November 3-5, 2021

The Coaching Association of Canada (CAC) is partnering with Petro-Canada to run this year's Sport Leadership sportif conference virtually. The theme of this year's conference is *Let's Reignite Sport*. Check out the [event schedule](#) or head to the [CAC website](#) to learn more and to register.

Sport Information Resource Centre (SIRC)

October 28-29, 2021

The Sport Information Resource Centre is hosting a free to attend, virtual conference this month. The theme is *The Future of Sport Participation*. [Register online](#) to join discussions on sport participation research and take part in the Canadian Sport Policy 3.0 Workshop (learn more about sport policy [here](#)).

Alberta Recreation and Parks Association

October 28-30 (in person)

November 2-4 (virtual)

The 2021 Alberta Recreation and Parks Association (ARPA) Conference and Energize Workshop will have two options for attendance; you can attend in-person at Fairmont Chateau Lake Louise in October (currently waitlisted) or virtually in November.

This year's Conference theme is *CommUNITY*. Learn more and register at www.arpaonline.ca.

Cold Water Worries - Staying Safe



Canadian water is cold ALL year round. However, this is especially true come Fall season. There are many things we need to keep in mind when staying safe in, out and around water this chilly time of year. Our bodies experience cold water shock when submerged in these icy temperatures, making drowning likely for even the strongest of swimmers. Here are some things you can do to stay safe:

- Always keep children within arm's reach
- Wear a lifejacket when around water
- Keep your dogs on a leash
- Learn about the water and weather conditions prior to planning a day outdoors
- Always read safety signage by parks, bridges, and bodies of water
- Do not attempt to swim out and rescue people or animals in deep water. Instead, immediately call **9-1-1** to activate Emergency Services.

For more information on cold water shock and the effects of cold water, visit our website:

www.LifeSaving.org

UPCOMING COURSES

The Lifesaving Society is a full service provider of programs, products, and services designed to prevent drowning.

To find a list of facility-hosted certification courses, please visit the [Find a Course](#) page on our website.

Lifesaving Society Online Academy

[Trainer Recertification](#)

Start Date: November 5, 2021

Live Video Session: November 20, 2021

[Bronze Medal Awards 2021 Mandatory Update](#)

Start Date: upon registration

Starting January 1 all Bronze Medal courses must run the new program. Stay current - update today!

In-Person Courses

[National Lifeguard Instructor Course](#)

Dates/Time: November 13-14, 2021

Time: 9:00am-5:00pm

Location: University of Lethbridge, PE138 (Poolside)

[First Aid Instructor Course](#)

Dates: October 23-24, 2021

Time: 9:00am-5:00pm

Location: University of Lethbridge, Turcotte Hall 173