

Ripples

Alberta and Northwest Territories Monthly Newsletter

Annual Affiliation Renewal Reminder

This is your reminder to renew your affiliation with the Lifesaving Society for the 2021 year. If you are an individual or associate affiliate, please fill out [this form](#) and send it to madison@lifesaving.org. If this form is not completed within 30 days, your affiliation status will be updated to inactive. If you are an aquatic affiliate, you will have already been invoiced for the 2021 year.

Inventory Office Closure

The Lifesaving Society office will be closed on March 31 and April 1, 2021 for our annual inventory and audit. We ask you to please submit all orders by Thursday, March 25 as the last day for shipping is Friday, March 26. Shipping will resume Tuesday, April 6 after the holiday.

DB Perks Scholarship

Through generous support from DB Perks & Associates Ltd, the Society is able to offer the annual DB Perks Leadership Scholarship Program. The Lifesaving Society awards up to four (4) leadership scholarships each year. These scholarships (valued at \$250 each) are to be used by recipients to advance their leadership capacity in delivering Lifesaving Society education and training programs in Alberta and the Northwest Territories.

Application deadline: March 31, 2021 at 4:30pm

To access the application form click: [HERE](#)

Find A Course

Looking to recertify your Lifesaving Society awards or further your training? Check out the [Find A Course page](#) on our website for all of your training needs!

Affiliate delivery partners are reminded to keep their course listings on the Lifesaving Society website current and updated so members know where courses and recertifications can be found.

Lifesaving Society Online Academy

The Lifesaving Society is offering a number of leadership courses via the Online Academy.

Registration is open for the following courses:

- Swim and Lifesaving Instructor Recertification
[March 15 - March 29, 2021](#)
- Swim and Lifesaving Instructor Recertification
[March 29 - April 12, 2021](#)
- Swim and Lifesaving Instructor Recertification
[April 12 - April 26, 2021](#)
- National Lifeguard Instructor Recertification
[March 15 - March 29, 2021](#)
- National Lifeguard Instructor Recertification
[March 29 - April 12, 2021](#)
- National Lifeguard Instructor Recertification
[April 12 - April 29, 2021](#)
- Trainer Recertification
[April 16 - May 1, 2021](#)

Participants must create an account on the [Course Academy](#). Participants will be enrolled and gain access to the course on the indicated start date, in which they will receive a welcome and access email.

Once enrolled, the course can be accessed through the Online Academy Dashboard when logged in. Participants will have until the indicated end date to complete the course.

If you have any questions, please contact the Lifesaving Society via email at experts@lifesaving.org.

Spring Ice is Rotten Ice

Keep an eye out for thin ice as the weather gets warmer!
 After a long winter, we'll be moving towards warmer temperatures in the coming weeks. The snow will melt and the ice on our lakes and rivers will begin to thaw.

It's important to be careful going out onto the ice as the weather begins to warm up. While it's important for ice to be at least 4 inches (10cm) thick, you should always keep in mind that the increasing freeze thaw cycles will make ice weaker. Because of this risk, the thickness of the ice will not be a guarantee of safe ice as the weather gets warmer.

When looking for signs of rotten ice, keep an eye out for a grey splotchy colour. This will be one of many signs that the ice has frozen, melted, then refrozen, weakening the ice.

Always have a plan when going out onto the ice, bring your emergency kit, and bring a friend.

For more information on ice safety, please visit lifesaving.org.

BE ICE SMART Recommended Minimum Ice Thickness for Clear Hard Ice

! No ice is without some risk – Be sure to measure ice thickness in several locations

3" (7cm) or less: STAY OFF	4" (10cm): ice fishing, walking, cross country skiing	5-7" (13-18cm): one snowmobile or ATV	8-12" (20-30 cm): one car, group of people	12-15" (30-38 cm): one mid-size pickup truck or van
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Ruth Lee Pool Rescue Manikins

The Lifesaving Society has heard your requests for the increased need of manikin merchandising due to the pandemic. We are happy to announce that the Ruth Lee manikins are now available!

Please see the [Ruth Lee Pool Rescue Manikin brochure](#) for pricing and product details. To order, please visit our [SHOP](#) or contact experts@lifesaving.org.

Multicultural Perspectives on Lifesaving In Australia

Ramzi Hussaini is the Life Saving Victoria (Australia) Multicultural Project Officer and a Bonbeach Life Saving Club member. Originally born in Afghanistan, Ramzi and his family moved to Pakistan and lived there until late 2011 when they made the risky journey by boat to Australia as asylum seekers and refugees. Ramzi now loves teaching lifesaving and water safety to others.

Wednesday, March 24, 2021 at 2pm MST



POOLaide

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