

# Ripples

## Alberta and Northwest Territories Monthly Newsletter

### Affiliate Regional Conversations

The Lifesaving Society would like to invite all Affiliates to join us in Regional Conversations for updates and the opportunity to connect with others in your region. This will give everyone an opportunity to talk and support one another during this pandemic.

Regional Conversations will take place for Affiliates on Wednesday and Thursday, February 24 and 25 and are scheduled for 90 minutes – See below for your region's date/time.

**Region:** Edmonton and North Zone

**When:** February 24, 2021 10:00 AM MST

**Register in advance for this meeting:** [https://us02web.zoom.us/join/register/WN\\_i9iYHkzIRnq6ixBp4m0zAQ](https://us02web.zoom.us/join/register/WN_i9iYHkzIRnq6ixBp4m0zAQ)

**Region:** NWT

**When:** February 24, 2021 2:00 PM MST

**Register in advance for this meeting:** [https://us02web.zoom.us/join/register/WN\\_xLyDyhccRle\\_NXdksCLTbQ](https://us02web.zoom.us/join/register/WN_xLyDyhccRle_NXdksCLTbQ)

**Region:** Central Zone

**When:** February 25, 2021 10:00 AM MST

**Register in advance for this meeting:** [https://us02web.zoom.us/join/register/WN\\_cXNVB\\_I0S\\_WQGSFo4IYZaQ](https://us02web.zoom.us/join/register/WN_cXNVB_I0S_WQGSFo4IYZaQ)

**Region:** Calgary and South Zone

**When:** February 25, 2021 2:00 PM MST

**Register in advance for this meeting:** [https://us02web.zoom.us/join/register/WN\\_4pOT4ISIQXe6IaU4IBM6CA](https://us02web.zoom.us/join/register/WN_4pOT4ISIQXe6IaU4IBM6CA)

Alberta Health Services Zone Map: <https://www.albertahealthservices.ca/ahs-map-ahs-zones.pdf>

### The Path Forward for Swimming Pools

On January 29, 2021, the Government of Alberta announced the path forward outlining the steps to be taken in easing public health measures and restrictions for the re-start of businesses in various sectors.

Check out our [latest BLOG post](#) for more information on how this impacts Swimming Pools.



The Lifesaving Society is offering a number of leadership courses via the Online Academy.

Registration is open for the following courses:

- Swim and Lifesaving Instructor Recertification [February 16 - March 2, 2021](#)
- Swim and Lifesaving Instructor Recertification [March 1 - March 15, 2021](#)
- National Lifeguard Instructor Recertification [February 16 - March 2, 2021](#)
- National Lifeguard Instructor Recertification [March 1 - March 15, 2021](#)
- Trainer Recertification [April 28, 2021](#)

Participants must create an account on the [Course Academy](#). Participants will be enrolled and gain access to the course on the indicated start date, in which they will receive a welcome and access email.

Once enrolled, the course can be accessed through the Online Academy Dashboard when logged in. Participants will have until the indicated end date to complete the course.

If you have any questions, please contact the Lifesaving Society via email at [experts@lifesaving.org](mailto:experts@lifesaving.org).



# BE ICE SMART



Check out our [website](#) for more Water Smart® resources.

Get your own Be Ice Smart materials on our [SHOP!](#)

## Grade Three Water Smart® Program

We are so excited to share the success of the launch of our Grade 3 Be Water Smart® Program! We developed three different delivery methods to help us combat the restrictions put in place due to the pandemic: In-person, teacher-led, and online learning. This made it possible to enter classrooms safely, as well as give our hard-working teachers the flexibility needed during this uncertain time.

The objectives of this program are to: identify the drowning problem, hazard identification, lifejacket use and importance, drowning recognition and response, boating safety, cold water and ice safety. All lesson plans are designed to ensure the learner experiences practical application of knowledge, skills and judgment.

We were able to double our initial goal of putting 100 students through the free program. We saw an increase in knowledge in approximately 93% of the content, with an average of 18.5% growth in each category, exhibiting great success in our first launch.

We want to thank the Injury Prevention Centre for their sponsorship and the Town of Banff for their content contributions. For more information on the Grade 3 Be Water Smart® Program, visit our [website!](#)

## Affiliate Statistics Request

Each year Lifesaving Society Affiliate Delivery Partners are required to provide program statistics. The programs listed are Lifesaving Society programs for which Affiliates do not send in test sheets. Consequently, we require your support to provide an overview of the activity level in each of the areas outlined in this form. These statistics allow the Lifesaving Society to track our collective progress in our mission to prevent drowning and to recognize our Affiliate Delivery Partners for their program contributions at our Annual General Meeting.

For Affiliates with multiple facilities, please complete one form per facility. Please complete [the form](#) by **February 8, 2021**.

## Planned Re-opening of Aquatic Facilities

When planning to re-open your aquatic facility this year utilizing certified staff will be essential. All certification extensions in Alberta have now been completed as of December 31, 2020. As such it is recommended that facilities complete a recertification of aquatic staff if required prior to re-opening their facility to the public.

The COVID-19 pandemic has taught us to plan ahead and that the future remains unknown. As such all certification holders are encouraged to actively plan and re-certify their awards early. Contact the Society if your facility needs assistance in scheduling a recertification in the event you do not have a qualified staff member to deliver the training once facilities are permitted to resume operations.

Affiliate delivery partners are reminded to keep their course listings on the Lifesaving Society website current and updated so members know where courses and recertifications can be found. This would include removing any courses that have been cancelled or adding new courses on that may be scheduled.