

Ripples

Alberta and Northwest Territories Monthly Newsletter

Happy New Year!

The Lifesaving Society would like to wish all of our members a Happy New Year! We are excited for the year ahead, with all of the new projects and opportunities 2021 will bring!

Affiliate Regional Conversations

The Lifesaving Society would like to invite all affiliates to join us in Regional Conversations for updates and the opportunity to connect with others in your region. This will give everyone an opportunity to talk and support one another during this pandemic.

Regional Conversations will take place for affiliates Wednesday and Thursday, February 24 and 25 and are scheduled for 90 minutes – See below for your region's date/time.

Region: Edmonton and North Zone

When: February 24, 2021 10:00 AM MST

Register in advance for this meeting: https://us02web.zoom.us/join/register/WN_i9iYHkzIRnq6lxBp4m0zAQ

Region: NWT

When: February 24, 2021 2:00 PM MST

Register in advance for this meeting: https://us02web.zoom.us/join/register/WN_xLyDyhccRle_NXdksCLTbQ

Region: Central Zone

When: February 25, 2021 10:00 AM MST

Register in advance for this meeting: https://us02web.zoom.us/join/register/WN_cXNVB_I0S_WQGSFo4IYZaQ

Region: Calgary and South Zone

When: February 25, 2021 2:00 PM MST

Register in advance for this meeting: https://us02web.zoom.us/join/register/WN_4pOT4ISIQXe6laU4IBM6CA

Alberta Health Services Zone Map: <https://www.albertahealthservices.ca/ahs-map-ahs-zones.pdf>

Please mark your calendars!



Online Course Academy

The Lifesaving Society is offering a number of leadership courses via the Online Academy.

Registration is open for the following courses:

- Swim and Lifesaving Instructor Recert - [January 18 - February 1, 2021](#)
- Trainer Recertification - [February 6, 2021](#)
- Swim and Lifesaving Instructor Recert - [February 1 - 15, 2021](#)

Participants must create an account at <https://courses.lifesaving.org/>. Participants will be enrolled and gain access to the course on the indicated start date, in which they will receive a welcome and access email.

Once enrolled, the course can be accessed through the Online Academy Dashboard when logged in. Participants will have until the indicated end date to complete the course.

If you have any questions, please contact the Lifesaving Society via email at experts@lifesaving.org.

Barb Costache to run for ILS Secretary General



The Lifesaving Society Alberta and Northwest Territories would like to congratulate Barb Costache for running as a candidate for the International Lifesaving Federation (ILS) Secretary General.

Barb served as Chief Administrative Officer of the Lifesaving Society Alberta and Northwest Territories Branch from 1998 – 2018. She currently serves on seven boards and has extensive exposure to lifesaving

worldwide, including serving as a technical official and attending key conferences.

Barb is a dynamic, solution and results oriented professional with a strong understanding of strategic planning, board governance, policy, and organizational development, in the charitable and municipal sectors. She has over thirty-five years of experience in community, provincial, national and international organizational stewardship as a staff and volunteer. She is a visionary leader and strategic thinker, with an innovative spirit to develop relationships and build teams to meet the current and future needs of the organization and members. She is exceptionally well organized, brings strong communication skills, along with a proven ability to analyze and identify challenges and successfully implement solutions for change, opportunity and value.

"I believe in unlimited potential and personal accountability for all and achieving this through loyalty, transparency and accountability." - Barb Costache

B. Chris Brewster, long-time president of the Americas Region of the International Life Saving Federation, said, "I encouraged Barb to run for this position and heartily endorse her candidacy. She will be a breath of fresh air, bringing about positive change to help the ILS achieve its key goals at a crucial moment in our history."

For more information on Barb's journey check out our [BLOG post](#).

Northwest Territories Certification Extension

The Lifesaving Society had previously announced the one-time extension of certifications for Members as a result of COVID-19.

Since the Government of Northwest Territories has started to issue exemptions allowing specific swimming pools who have been granted this exemption to re-open with restrictions on a case-by-case basis, the Lifesaving Society would like to communicate an updated Memo regarding certification extensions. Please review the [Memo from our CEO regarding Northwest Territories Certification Extensions](#).

If you have any questions regarding certification extensions within the Northwest Territories, don't hesitate to contact the Lifesaving Society office at 780-415-1755 or by email at experts@lifesaving.org.

Congratulations Lisa Brown!

The Lifesaving Society Alberta & Northwest Territories would like to congratulate Lisa Brown on her appointment to the National Lifesaving Sport Commission as the Communications and Marketing Chair. Lisa is no stranger to lifesaving sport, as one of the top Canadian Female Masters athletes, she holds 1 world record, 15 current Canadian individual records and 4 current Canadian relay records.

We know Lisa will bring a dynamic voice to the National Lifesaving Sport Commission's social media platforms. With her keen eye to monitor the latest records, we look forward to seeing her updates of the latest lifesaving sport news.

Congratulations Lisa!



Pricelist Update

We have officially released our 2021 pricelist. It has come into effect on January 1, 2021. Please review our [latest BLOG post](#) to review the changes.

Planned Re-opening of Aquatic Facilities

When planning to re-open your aquatic facility this year utilizing certified staff will be essential. All certification extensions in Alberta have now been completed as of December 31, 2020. As such it is recommended that facilities complete a recertification of aquatic staff if required prior to re-opening their facility to the public.

The COVID-19 pandemic has taught us to plan ahead and that the future remains unknown. As such all certification holders are encouraged to actively plan and re-certify their awards early. Contact the Society if your facility needs assistance in scheduling a recertification in the event you do not have a qualified staff member to deliver the training once facilities are permitted to resume operations.

Affiliate delivery partners are reminded to keep their course listings on the Lifesaving Society website current and updated so members know where courses and recertifications can be found. This would include removing any courses that have been cancelled or adding new courses on that may be scheduled.

BE ICE SMART

Recommended Minimum Ice Thickness for Clear Hard Ice

3" (7cm) or less:

STAY OFF



No ice is without some risk – Be sure to measure ice thickness in several locations

