

GRADE 3 BE WATER SMART

STUDENT ASSESSMENT

General Information

Complete the assessment below and keep in mind there are no right or wrong answers. The information collected below will be used to determine the effectiveness of the Grade 3 Be Water Smart program. To start you will complete the General Information section and then **STOP** where indicated. You will complete the second part of the form after you complete the program. Your teacher will then collect the completed forms.

Date

.....

Please write the name of your school below.

.....

What grade are you in?

- Grade 3 Grade 4
 Other:

Gender

- Male
 Female
 Other
 Prefer not to say

How often do you go swimming?

- Once, or more, per week
 Once a month
 A couple times per year
 Once per year
 Never

Have you ever taken swimming lessons?

- Yes No I'm not sure

Are you able to roll into deep water, keep yourself at the surface for one minute without help, and swim the length of a pool (25 metres)?

- Yes No I'm not sure



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Questions to answer before taking the program:

Answer the following questions honestly and as best you can. Remember, there are no right or wrong answers.

Please do not discuss the questions with your classmates, this is all about you!

Would you ever swim in deep water without a lifejacket?

Yes No I'm not sure

Would you ever go swimming in a lake by yourself?

Yes No I'm not sure

Do you wear a lifejacket any time you are in a boat?

Yes No I'm not sure

Do you check how deep the water is before diving in?

Yes No I'm not sure

Would you go head first (Dive) off a dock first the first time you go in?

Yes No I'm not sure

Do you think water can be dangerous?

Yes No I'm not sure

Do you want to learn to swim?

Yes No

Would you jump in the water to help someone who is drowning?

Yes No

Do you know how to be safe around water?

Yes No

Is a lifejacket safe if you can pull it above your ears?

Yes No I'm not sure

Do you know how to look for danger when going swimming at a lake?

Yes No Maybe

How long can it take for someone to drown?

Seconds Minutes I'm not sure

You're safe as long as you have a lifejacket with you in a boat. There is no need to be wearing it.

Right Wrong I'm not sure

Can good swimmers have trouble in cold water?

Yes No I'm not sure

Someone who is drowning will:

Yell for help Be quiet



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Questions to answer after taking the program:

Would you ever swim in deep water without a lifejacket?

Yes No I'm not sure

Would you ever go swimming in a lake by yourself?

Yes No I'm not sure

Do you wear a lifejacket any time you are in a boat?

Yes No I'm not sure

Do you check how deep the water is before diving in?

Yes No I'm not sure

Would you go head first (Dive) off a dock first the first time you go in?

Yes No I'm not sure

Do you think water can be dangerous?

Yes No I'm not sure

Do you want to learn to swim?

Yes No

Would you jump in the water to help someone who is drowning?

Yes No

Do you know how to be safe around water?

Yes No

Is a lifejacket safe if you can pull it above your ears?

Yes No I'm not sure

Do you know how to look for danger when going swimming at a lake?

Yes No Maybe

How long can it take for someone to drown?

Seconds Minutes I'm not sure

You're safe as long as you have a lifejacket with you in a boat. There is no need to be wearing it.

Right Wrong I'm not sure

Can good swimmers have trouble in cold water?

Yes No I'm not sure

Someone who is drowning will:

Yell for help Be quiet

Please return this form to your teacher.

Teachers please submit all completed forms to **watersmart@lifesaving.org** following the delivery of the program.