



LIFESAVING SOCIETY  
SOCIÉTÉ DE SAUVETAGE

*The Lifeguarding Experts*  
*Les experts en surveillance aquatique*

**DATE:** 5 February 2020

**TO:** All Canadian Athletes

**COPY:** Martin Leprohon, Sport Commissioner

**FROM:** Laura Tracey, High Performance Manager

**RE:** **2019 National Lifesaving Sports Awards**

National Sport  
Commission

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The National Sport Commission of the Lifesaving Society of Canada is pleased to promote high performance with the 10<sup>th</sup> annual national lifesaving sports awards. The National Team selection committee will again select the nominees and winners of the awards for outstanding performance by athletes in 2019.

Furthermore, for the first time, we have created three new categories that will recognize the contribution of officials, coaches and clubs to the growth of the sport from grassroots to high performance. For these new categories, the nominations and awards will be based on the quality of submissions from individuals and branches, not on the quantity of submissions.

The following awards will be awarded based on performance criteria:

- Male athlete of the year  
Awarded to the male athlete that has achieved outstanding performances primarily nationally and internationally, in the pool and/or on the beach/surf.
- Female athlete of the year  
Awarded to the female athlete that has achieved outstanding performances primarily nationally and internationally, in the pool and/or on the beach/surf.
- 15-18 y.o. male athlete of the year  
Awarded to the 15 to 18 years old male athlete that has achieved outstanding performances primarily nationally and internationally, in the pool and/or on the beach/surf.
- 15-18 y.o. female athlete of the year  
Awarded to the 15 to 18 years old female athlete that has achieved outstanding performances primarily nationally and internationally, in the pool and/or on the beach/surf.

- Master male athlete  
Awarded to the male athlete 30 years old and over that has achieved outstanding performances primarily nationally and internationally, in the pool and/or on the beach/surf specifically in the Masters category unless an event had no such category.
- Master female athlete  
Awarded to the female athlete 30 years old and over that has achieved outstanding performances primarily nationally and internationally, in the pool and/or on the beach/surf specifically in the Masters category unless an event had no such category.
- Performance  
Awarded to the individual (or team) that has provided the best performance in a specific event with priority given to performances that have offered Canada international visibility.
- Club of the year  
Awarded to a club that has contributed to the development of lifesaving sport in Canada, through participation, leadership and performances of its members provincially, nationally and/or internationally. For this award, nominations are being sought from any member and branches of the Lifesaving Society.
- Official of the year  
Awarded to an official that has contributed to the development of lifesaving sport in Canada, through his/her leadership and involvement provincially, nationally and/or internationally. For this award, nominations are being sought from any member and branches of the Lifesaving Society.
- Coach of the year  
Awarded to a coach that has contributed to the development of lifesaving sport in Canada, through his/her leadership, quality of coaching and participation provincially, nationally and/or internationally. For this award, nominations are being sought from any member and branches of the Lifesaving Society.

For awards where nominations are being sought (Club, coach and official), any member of the Lifesaving Society may submit a nomination at the following link: <https://forms.gle/YHtBeen9EqnW281j8> by March 15<sup>th</sup> 2020 (11:59pm EST). Winners will be announced during the 2020 Canadian Pool Lifesaving Championships in Gatineau, Québec on June 6-7 2020.

For further information or clarification, please contact Martin Leprohon at [mleprohon@sauvetage.qc.ca](mailto:mleprohon@sauvetage.qc.ca) or at 514-576-5349.