



**LIFESAVING SOCIETY®**  
The Lifeguarding Experts

Alberta & Northwest Territories | 13123 – 156 Street | Edmonton, AB | T5V 1V2

**MENTORSHIP FORM:**  
For Certification or Appointment

T: 780-415-1755 | F: 780-427-9334 | experts@lifesaving.org | www.lifesaving.org

**PRACTICUM APPLICATION FOR**

**INSTRUCTOR / EXAMINER**

National Lifeguard – Stream:

- Pool                       Waterfront  
 Surf                          Waterpark

- BOAT                                       Boat Rescue for First Responders

- Head Lifeguard                       Swiftwater Rescue

- Lifesaving Sport Coach               Distinction

- Officials Instructor                      Safety Management:  
 SEE Auditor  
 Aquatic Safety Inspector

**BRANCH APPOINTMENTS**

- Aquatic Safety Auditor               Branch Trainer

**INSTRUCTOR TRAINER**

- First Aid Instructor

- National Lifeguard Instructor

- Swim and Lifesaving Instructor

- Lifesaving Instructor

- Sport

**APPLICANT'S INFORMATION** – Please print clearly

NAME

MEMBER NO:

ADDRESS

CITY

PROVINCE

POSTAL CODE

PHONE ( )

ALT. PHONE ( )

FAX ( )

EMAIL

DOB YY / MM / DD

**COURSE INFORMATION**

DATE:

LOCATION:

**LEAD INSTRUCTOR INFORMATION**

NAME

MEMBER NO:

ADDRESS

CITY

PROVINCE

POSTAL CODE

PHONE ( )

ALT. PHONE ( )

FAX ( )

EMAIL

DOB YY / MM / DD

**RESULT**

PASS – Candidate has demonstrated the leadership competencies to teach and evaluate independently.

FAIL – Candidate has NOT demonstrated the leadership competencies to teach and evaluate independently.

DATE:

MENTORING INSTRUCTOR SIGNATURE:

**RESULT DETAIL**

| ① To have this I need to...<br>Requirements |  | ②<br>Pass<br>/ Fail | ③ Ensure I meet all the requirements and skills<br>Skill Verification  |
|---|--|---------------------|--|
| General Process Requirements                |  |                     | Be involved in all pre/post sessions   |
|   |  |                     | Prepare and conduct at least half the course/clinic  |
|   |  |                     | Attend all sessions and act as a resource to the lead instructor/instructor trainer and candidates                                   |
| Competencies                                | General  |                     | Adheres to the Code of Conduct for Leadership Volunteers   |
|   |  |                     | Displays an appropriate attitude as an ambassador for the Lifesaving Society throughout the course                                   |
|   |  |                     | Actively participates in an appropriate role in all course/clinic activities including demonstrations, discussions and presentations |
|   |  |                     | Effectively communicates and facilitates in a leadership role  |
|   | Leadership Philosophy and Program Model Design |                     | Understands and models appropriate Leadership Philosophy and incorporates that into their facilitation                               |
|   |  |                     | Understands and models appropriate Program Model Design and incorporates that into their facilitation                                |
|   | Feedback                                       |                     | Provides appropriate (specific, effective) feedback while facilitating the course/clinic   |
|   |  |                     | Understands, models and leads using appropriate roles (eg. uses instructor trainer role while facilitating peer teaching)            |
|   | Evaluation                                     |                     | Demonstrates effective and appropriate evaluation skills, using Lifesaving Society evaluation tools and processes                    |
|   |  |                     | Uses self-reflection during perception check, debriefing and evaluation opportunities  |
|   | Class Management                               |                     | Demonstrates and models appropriate class management (safety, time, etc.)  |
|   | Planning                                       |                     | Demonstrates and models appropriate planning skills and effectively uses appropriate Society resources                               |
|   |  |                     | Prepared for all course/clinic assignment and activities (participation and discussion)  |
|   | Additional Comments                            |                     |  |

**FOR OFFICE USE ONLY – Do not write below**

Date Processed:

Processed by: